Dear Brothers and Sisters,

As I write this, we are deep in Winter and Ash Wednesday is right around the corner. It is a wonderful time to take stock of ourselves and who we are as Secular Franciscans and members of the Franciscan Family.

In addition to being your Regional Minister, I am also a local Formation Director. Not too long ago a candidate said to me that she was concerned because she felt that she did not have “enough devotion” to St. Francis. My answer to her was that St. Francis is not generally a saint to whom we pray for a miracle or to find our keys. A novena to St. Francis may help us to honor him, but chances are we are not seeking a particular favor. The fact is, the kind of devotion we have to St. Francis is, or needs to be, more of a desire to follow the example he sets for us.

St. Francis was in awe of and devoted to the Incarnation: the birth, life and passion of our Lord Jesus Christ as he found it in the Gospels. As Franciscans, and especially as Secular Franciscans who live in the world, we are called to show that the Gospel can be lived. This is the great gift and challenge that our Seraphic Father has left us. He truly showed that it was possible to live the Gospel and we have inherited that call.

OK — so, how are we doing? How are we living up to the challenge? I ask myself:

- When was the last time I read our Rule during my prayer time? I mean read and meditated on the Rule?

- When was the last time I prayed the Rule? Praying the Rule puts the action on another level. By doing this we are asking that the Holy Spirit help us to transform ourselves by means of the words of our Rule. (You can get started today! See Pray the Rule by Liam McCarthy, OFM, found on page 11 in this issue.)

- When was the last time we read the Rule out loud as a fraternity? We get very caught up in all of our ongoing formation programs, but we should include a “Reading of the Rule” every year! Make it special. Take turns, read it out loud, pray over it — once a year! Someone from a local fraternity once said to me that they had “covered” the Rule a few years ago. Now they wanted to do more “advanced” things. Is our Rule of Life that boring? Is what it asks so simple that we don’t need to review it?

Oh my! Many of us (myself #1) need to ruminate on the basics of our Franciscan life as often as possible so that we don’t forget what we have professed. Formation Directors, please, never forget how important it is for your candidates to understand what they will be promising! Back when I was professed (more than 35 years ago) this was not stressed enough.

A good place to start thinking about our Rule right now (in addition to the piece on “Pray the Rule”) is also found in this issue of the Troubadour. Our newly appointed Regional Chair for JPIC (Justice, Peace and Integrity of Creation), Chris Leone, OFS, has written an excellent article (see page 8). In it he mentions five articles of the Rule. Please get out your copy of the Rule and take the time to read those articles prayerfully — (Articles 4, 14, 15, 18, and 19). They tell us what we have promised at profession with regard to the Gospel and our call to be peacemakers, seekers of justice and lovers of all creation.

continued on next page
What did I promise on the day of my profession?
I don't remember exactly the words of what I promised on that day. Do you? Oh, I've heard others say them many times, but have I really thought about them? Let's take a look.

Since everyone does not have a copy of the brown Ritual at home, here are the words we say and agree to at the time of Profession. I plan to think about them often, how about you? (Bold letters are mine.)

Minister: _____, God has consecrated you with water and the Holy Spirit. What do you now ask of God, the Church and the Franciscan Family?

We (I) ask to be admitted to profession of the Rule of the Secular Franciscan Order and to make a permanent commitment to the gospel life.

The experience during our (my) time of formation has strengthened us (me) in the conviction that the Lord is calling us (me) to observe the holy gospel of Our Lord Jesus Christ by following the footsteps of St. Francis of Assisi.

Candidates, responding all together:
Yes, this is what I want.

Celebrant: Before this fraternity and the other members of the People of God gathered here, I ask you to express your will. Do you wish to embrace the gospel way of life by following the example and words of St. Francis of Assisi, which are at the heart of the Rule of the Secular Franciscan Order?

Candidates, responding all together:
Yes, this is what I want.

Celebrant: You have been called to give witness to the Kingdom of God and to build a more fraternal world based on the gospel, together with all people of goodwill. Do you wish to be faithful to this vocation and to practice the spirit of service proper to Secular Franciscans?

Candidates:
Yes, this is what I want.

Celebrant: You have been made members of the People of God by your Baptism and strengthened in Confirmation by the new gift of the Spirit, in order to proclaim Christ by your life and your words. Do you wish to bind yourself more closely to the Church and to work intently to rebuild the ecclesial community and fulfill its mission among all people?

Candidates: Yes, this is what I want.

After the Prayer those to be professed read the formula for Profession:

I, _______ by the grace of God, renew my baptismal promises and consecrate myself to the service of his Kingdom. Therefore, in my secular state (or, when appropriate, as a member of the diocesan clergy) I promise to live all the days of my life the gospel of our Lord Jesus Christ in the Secular Franciscan Order by observing its rule of life. May the grace of the Holy Spirit, the intercession of the Blessed Virgin Mary and our holy father St. Francis, and the fraternal bonds of community always be my help, so that I may reach the goal of perfect Christian love.

(From the Ritual of the Secular Franciscan Order, Benet A. Fonck, OFM, St. Anthony Messenger Press, Available at: amazon.com)

I pray that, through our Rule and our love of the Gospel, we, along with St. Francis can say, “This is what I want, this is what I long for with all my heart.”

Please continue to pray for your Regional Council. We are praying for you.

Many blessings for a fruitful Lent and a joyous Easter!

Diane F. Menditto, OFS
Minister, Our Lady of the Angels Region
Formation is a top priority for our region and the entire Secular Franciscan Order. In 2011, the National Formation Commission published the FUN Manual as a resource to be used primarily in Initial Formation, but it could also be used to animate Ongoing Formation, too.

In creating the FUN Manual, the goal of the National Formation Commission was to educate those in formation and create a program that would “guarantee a profound sense of belonging, rooted in a clear understanding of the nature of the OFS and its place in the Franciscan family and the Church.”

At first glance, the FUN manual looks intimidating as it is over 2 inches thick and covers many topics on faith and Franciscan spirituality. When approaching the Fun Manual it’s good to use a ‘divide and conquer’ approach to understanding how to use it as part of your fraternity’s formation program.

The FUN manual begins with a section called “For the Formator” which is intended to be used by the Formation Director and Formation Team.

This section gives an explanation of the Journey of Initial Formation, including initial discernment, Inquiry, Candidacy, and ending in Profession Permanent.

It also gives a brief overview of the foundational topics covered during Initial Formation and a recommended methodology that should be used by the Formation Team.

It is essential that everyone on the formation team read and be familiar with this section before starting an initial formation program in their fraternity.

continued on next page
The Formation plan presented in the FUN manual is not set in stone, as there is no hard sequence for the topic areas covered in the manual. Rather, every fraternity should develop their own formation plan based on the information contained in the FUN manual. Special care must be taken so that all of the foundational topics in the FUN Manual are covered in detail so that those in formation gain an understanding and appreciation of the Franciscan vocation.

The FUN Manual addresses all the specific topics that should be covered during each phase of Initial Formation including:

- Basic Catholic Doctrine
- The Franciscan Family
- Vocation
- The Identity of the Secular Franciscan
- The Nature of the Secular Franciscan Order
- The Charism and Mission of the Secular Franciscan Order
- The life of St. Francis and St. Clare
- The Rule of the OFS
- Catholic Social Teaching
- Franciscan Theology, Spirituality and Tradition
- The General Constitution and National Statutes
- Conversion and Penance
- Profession

Although I cannot cover these topics in detail in this short article, you can be sure that they are covered in detail in the FUN Manual. As a Formation Director or member of the Formation Team, you should always refer back to the FUN manual when covering these topics in your fraternity.

It is important to emphasize that goal of formation in both informational and transformational. If all we do as formatters, is to present educational materials to those in formation, then our job as formators is incomplete.

In addition to the formation topics covered in the FUN manual, we must instill a sense of belonging, vocation and the importance of the commitment of Profession to those in formation.

Formation must be implemented not only at an intellectual level, but also on a practical level by living a life of prayer and charity. We can best do this through our own personal testimony and witness to the Gospels, and how we live out our Rule in our daily lives.

Pax et Bonum,
CONVIVENZA
SUNDAY, APRIL 22, 2017
9:00 a.m. — 2:30 p.m.
St. Francis of Assisi Church, 135 West 31st Street, New York City
Guest Speaker: Sr. Joann Sambs, CSA
Director of The Dwelling Place of NY

CLUSTER FORMATION WORKSHOPS
SPECIAL FORMATION SESSION:
TOPIC: THE PRAYER LIFE OF THE SECULAR FRANCISCAN
SUNDAY, MAY 6TH
For the Manhattan and Westchester Clusters.
9:30 a.m. — 12:30 p.m.
CHURCH OF THE HOLY NAME OF JESUS
207 West 96th Street, New York City

SUNDAY, JUNE 24TH
For the North Jersey and Central Jersey Clusters.
9:30 a.m. — 12:30 p.m.
ST. BONAVENTURE CHURCH
174 Ramsey Street, Paterson, New Jersey

These sessions are intended for Inquirers and Candidates. The Regional Formation Team urges all Inquirers, Candidates, Formation Directors and Formation Teams in the region to attend one of these two sessions. You may attend either of these sessions, but it is not necessary to attend both sessions as the same material will be presented at each cluster. If you cannot attend the session intended for your cluster, you are welcome to attend the other session.

In order to help plan the meeting and provide copies of the presentation material for all the attendees, please RSVP by April 26 if you are planning to attend the session on May 6 or RSVP by June 16 if you are planning to attend the session on June 24.

RSVP via phone or e-mail to: Ed Wojciechowski, OFS
phone: 973-492-1035 e-mail: edwojo@yahoo.com

REGION RETREAT - SEE PAGE 7
AUGUST 4—6, 2017

CHAPTER OF MINISTERS - ELECTIVE CHAPTER - SEE PAGES 21 - 25
SUNDAY, NOVEMBER 11, 2017
St. Francis Church, 50 Lodi Street, Hackensack, NJ
**2017 REGION RETREAT**

We will once again be utilizing the beautiful facilities at Mt. Alvernia Retreat Center in Wappingers Falls, New York. Held on August 4 – 6, 2017, the cost is $175.00 per attendee.

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**THEME: TO BE ANNOUNCED**

**OUR RETREAT WILL BE LED BY**

**BRO. RUDOLPH PIERETTI, OFM CAP**

Join your Secular Franciscan brothers and sisters at our annual region retreat where you will share time in prayer, fellowship and spiritual growth.

Remember space is limited, so register now using the registration form provided below.

---

**2017 REGION RETREAT REGISTRATION FORM**

**Please check one**

_____ Professed  _____ Candidate

Name:___________________________________________________________________________________________________

Address:_________________________________________________________________________________________________

City:__________________________________________________________State:_______________Zip:___________________

Phone:__________________________________________E-mail: __________________________________________________

Fraternity:____________________________________________________Single room ________ Double room____________

Special Needs:____________________________________Room with:_____________________________________________

Send completed registration form with $175.00 check, payable to “Our Lady of the Angels Regional Fraternity”
to: RICHARD SPANA, OFS  •  170 E Hartsdale Avenue 1-F, Hartsdale, NY 10530-3536  •  Phone: 914-478-2010.

The Registration Form will be available on our region website at:  [http://ourladyoftheangelsregion.org](http://ourladyoftheangelsregion.org)
At the February Regional Executive Council meeting, I was appointed to the Chair of the JPIC Commission which I humbly accepted. I would like to take this opportunity to share some thoughts.

“Some people want to know why I wished to be called Francis. For me, Francis of Assisi is the man of poverty, the man of peace, the man who loves and protects creation.”

Pope Francis, March 16, 2013

This quote from Pope Francis does an excellent job of helping the world see that St. Francis is about much more than the blessing of pets! Hopefully, it also helps us understand what our profession as Secular Franciscans means when we discuss the Justice, Peace and the Integrity of Creation apostolate.

We professed to be in the forefront in promoting justice. (Article 15) Justice, in the Franciscan sense, is about right relationships or building positive relationships of mutuality and kinship. Our profession also calls us to build a more fraternal and evangelical world (Article 14) and to seek out ways of unity and fraternal harmony as bearers of peace. (Article 19) Francis and the Sultan come to mind!

For Franciscans, peace is not just about the absence of discord or war, but wholeness and togetherness. Our profession also reminds us to respect all creatures, animate and inanimate. (Article 18) St. Francis recognized that all creation is interconnected or interrelated. Pope Francis refers to this as the integral ecology in his encyclical, Laudato Si, which was inspired by our Seraphic Father’s Canticle of Creation.

These articles in our Rule say volumes about who we are as Secular Franciscans (or who we are supposed to be)! However, our call to promote justice, be bearers of peace and see God in all creation is not just a Franciscan call; it’s our baptismal call.

St. Pope John Paul II writes,

“Because of the one dignity flowing from Baptism,” every baptized person “shares a responsibility for the Church’s mission.” (Christifideles Laici, no. 15)

The US Conference of Catholic Bishops (USCCB) says

“the baptized must work as disciples of Christ by caring for the sick, the oppressed, the debilitated, and the sinners. We are called to carry out this work not only in our local communities, but also in the global community of which we are also members. In this way, we can extend to all the love, compassion, and mercy of God that we ourselves have come to know.”

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So, we are challenged by our baptism and our profession as Secular Franciscans. In fact, all the sacraments have a social mission dimension to them. Catholic social teaching is quite clear that engagement with the world and concern for the plight of others is not an option for Christians, but is at the heart of what it means to be a disciple of the Gospel.

This is what Franciscans mean when we say going from gospel to life and life to gospel. (Article 4)

I have a vision of how I would approach this new servant leadership role I was given. I see an approach built upon culture, conversion and call to action. By fostering a culture of encounter we put names and faces to abstract concepts like poverty, clean water, climate change and immigration.

If we can humanize these concepts we can get people to wrap their hearts around these issues, not just their heads. When the heart is involved, conversion occurs; and when conversion occurs it is easier to mobilize others for a call to action.

It is not my intention to lay out a detailed vision and mission statement now, but to tease you with a general sense of direction. When our committee is formed, a statement of purpose including our vision and mission will be the first order of business.

“Never doubt that a small group of thoughtful, committed citizens can change the world.”

MARGARET MEAD

If you have an interest in JPIC and would like to be a part of an exciting opportunity to make the Commission come to life, please reach out to me at cleone113@yahoo.com or call me at 908-528-0865.

PEACE AND GOOD!

Chris
A REGONAL COMMITTEE HAS BEEN FORMED FOR THE PURPOSE OF REACHING OUT TO RETIRED AND INFIRM FRIARS RESIDING IN BEACON (NEW YORK), RINGWOOD AND BUTLER (NEW JERSEY).

At the initial meeting, the group brainstormed ideas of how our region might best serve the friars.

Some ideas include:

▪ Sending cards
▪ Visiting
▪ Collecting toiletries for them throughout the year.

What the committee needs from you are additional suggestions as well as your participation, either individually or as a fraternity. If you are interested in being part of this Apostolate, e-mail one of us with your name and contact information.

Please put “OFS Ministry” on the subject line. Thanks.

PATRICIA FRANZ, OFS
pattycakes82045@aol.com

MADELINE ROMAINE, OFS
maddiromaine@optonline.net

JODY PIHOKKER OFS
jodysfo@gmail.com

WE HAVE A NEW PUBLICATION IN OUR SECULAR FRANCISCAN FAMILY!
The International Fraternity, CIOFS, will now publish a newsletter twice a year telling us about their activities. This will give us a good idea of yet another part of the world-wide fraternity to which we belong.

So, you now have your LOCAL FRATERNITY NEWSLETTERS:
EDITORS, please send me a copy: acpg@aol.com

the TROUBADOUR, (our Regional magazine — published quarterly — 4x online, 2x per year printed);
and OFS E-VENTS, (our Regional newsletter — published monthly — 12x online only);
both may be found on our regional website: http://olangels.tripod.com/troubadour.html

the Tau-USA, (our National newsletter — published quarterly — 4x per year printed and online).
http://nafra-sfo.org/tau-usa.html

and now Vox Franciscana, (the International newsletter 2x per year online only).
Vox Franciscana can be found on the CIOFS website:

You may also download the current pdf copy of the issue at:
http://www.ciofs.org/portal/images/Circ_PDF/VoxFranciscana/
EN_CIOFS_Vox_Franciscana_-_Autumn_2016.pdf
Lord, our God, we intend to make present the charism of our Seraphic Father Francis in the life and mission of the Church, in various ways and forms but in life-giving union with one another. By our profession, we pledge ourselves to live the Gospel in the manner of St. Francis by means of our Rule approved by the Church. *(Articles 1—3)*

Help us, we pray, so that daily we may:

- **Observe the gospel** of our Lord Jesus Christ by following the example of St Francis, going from **gospel to life and from life to the gospel**. *(Article 4)*

- **Seek to encounter the living and active person of Jesus Christ** in our **brothers and sisters**, in **sacred scripture**, in the Church and in the **Eucharist**. *(Article 5)*

- **Go forth as witnesses and instruments** of the Church’s mission among people, proclaiming Christ by our life and words. *(Article 6)*

- **Conform our thoughts and deeds** to those of Christ by the **radical interior change** which the Gospel calls “conversion”, making use of the **sacrament of reconciliation** on the way to renewal. *(Article 7)*

- **Let prayer and contemplation** be the soul of all we are and do. *(Article 8)*

- **Imitate the Virgin Mary’s complete self-giving** in her openness to your every word and call. *(Article 9)*

- **Faithfully fulfill the duties proper** to our various circumstances in life. *(Article 10)*

- **Seek the proper spirit of detachment** and purify our hearts from every tendency and yearning for possession and power. *(Article 11)*

- **Acquire the purity** of heart needed to set ourselves free to love God and our brothers and sisters. *(Article 12)*

- **Accept all people as your gift**, Lord, and an image of Christ. *(Article 13)*

- **Exercise our responsibilities** competently in the Christian spirit of service. *(Article 14)*

- **Be in the forefront of promoting justice** by the testimony of our human lives and by courageous initiatives. *(Article 15)*

- **Esteem work** both as a gift and as a sharing in the creation, redemption and service of the human community. *(Article 16)*

- **Cultivate the Franciscan spirit of peace, fidelity and respect for life** in our families, striving to make it a sign of a world already renewed in Christ. *(Article 17)*

- **Respect all creatures**, animate and inanimate “as bearing the imprint of the Most High”. *(Article 18)*

- **Be bearers of peace and messengers of perfect joy** in every circumstance, as immersed in the resurrection of Christ, we serenely tend towards Sister Death and our ultimate encounter with you, our Father. *(Article 19)
† KENNETH NEWKIRK, OFS
Called home to the Lord in June, 2016.
Kenneth was a member of the IMMACULATE HEART FRATERNITY in NEW YORK CITY.
His Profession was celebrated December 4, 1977.

† ANNE ESSES, OFS
Called home to the Lord in August, 2016.
Anne was a member of the SAN DAMIANO FRATERNITY in NEWTON, NJ.
Her Profession was celebrated January 17, 1997.

† MARY NEWMAN, OFS
Called home to the Lord in September, 2016.
Mary was a member of the ST. JOHN VIANNEY / ST. ELIZABETH OF HUNGARY FRATERNITY in PATerson, NJ.
Her Profession was celebrated April 1970.

† DEACON DAVID CAMPBELL, OFS
Called home to the Lord, November 10, 2016.
David was a member of the SERVANTS OF GOD FRATERNITY in YONKERS, NY, and was one of the Fraternity's “Founding Fathers”.
His Profession was celebrated October 4, 1985.

† GENOWEFA MITKIEWICZ, OFS
Called home to the Lord, January 21, 2017.
Genowefa was a member of the ST. STEPHEN’S FRATERNITY in PERTH AMBOY, NJ.
Her Profession was celebrated November 21, 1997.

† GENEVIEVE (JEAN) ZOCH, OFS
Called home to the Lord, March 1, 2017.
Jean was a member of the ASSUMPTION FRATERNITY in WOOD RIDGE, NJ. Jean faithfully served her fraternity as Secretary for many years in the past as well as Director of Formation more recently before last year’s fraternity election. She was 91 years of age.
Her Profession was celebrated May 20, 1994.

INTO YOUR HANDS, O LORD,
WE HUMBLY ENTRUST

KENNETH NEWKIRK, OFS
ANNE ESSES, OFS
MARY NEWMAN, OFS
DCN. DAVID CAMPBELL, OFS
GENOWEFA MITKIEWICZ, OFS
GENEVIEVE (JEAN) ZOCH, OFS

In this life, You embraced them with Your tender love;
deliver them now from every evil and bid them eternal rest.
The old order has passed away:
welcome them into paradise, where there will be no sorrow, no weeping or pain,
but the fullness of peace and joy with Your Son and the Holy Spirit forever and ever.
Amen.
THANK YOU AND CONGRATULATIONS NEWLY ELECTED OFFICERS, for your willingness to be of service to the brothers and sisters of your Fraternity. Please be assured of our prayers and whatever assistance we can provide as you give your best efforts to serve your Fraternity.

ELECTION RESULTS of February 5, 2017
KOREAN MARTYRS FRATERNITY #119, NYC

COUNCIL AS PICTURED IN ABOVE PHOTO L-TO-R:

JENNY HWA-JUNG CHIN, OFS
Formation Director

THERESA JONG-OK YOON, OFS
Vice Minister

FRANCISCO CHUN, OFS
Treasurer

JOSEPH BYONG-NIM LEE, OFS
Minister

FR. FRANCIS KIM, OFM
Spiritual Assistant

MISSING FROM COUNCIL PHOTO:

MARI ROSA YOUNG-JA CHUN, OFS
Secretary

HELPING AS COUNTERS WITH THE ELECTION:

CHUNG BYUNG SOOK, YOUNG KIM LEA AND PARK SANG HEE.
ELECTION RESULTS of January 22, 2017
ST. STEPHEN’S FRATERNITY #128, PERTH AMBOY, NJ

DANUTA WYSZNSKI, OFS
Minister

HALENA FIDURA, OFS
Vice Minister

JOANNA DERABIN, OFS
Secretary

HONORATA SZYPULSKI, OFS
Treasurer

JADWIGA PUCHACZ, OFS
Formation Director

FR. ŁUKASZ DROZAK, CSSR
Spiritual Assistant

ELECTION RESULTS of March 6, 2017
ST. BENEDICT THE MOOR FRATERNITY #103, NYC

COUNCIL AS PICTURED IN ABOVE PHOTO  L TO-R:

PAUL BEELITZ, OFS
Vice Minister

LIZ FACKINA, OFS
Secretary

ZUBAIR SIMONSON, OFS
Treasurer

PAT CLAYTON, OFS
Minister

RAY COONEY, OFS
Formation Director
Anthony Marinelli, OFS of the St. Peter Fraternity in Somerset, NJ, knows how to get through the Winter days. His unique project is practical, inspiring and beautiful. He shares how this all came about.

"I began this project of doing puzzles about 3 years ago. It was my way of getting through the long Winter, especially when you’re getting up in age and the days are so long. Some of my grandchildren gave me puzzles for Christmas and I try to complete one-per-year before the Spring. I do this in the basement (My Man Cave), which makes my wife, Vittoria, happy since I keep out of her way. I get through it all by keeping my CD Player going. I have a CD Rosary and lots of good music which helps a lot.

So far I have completed:
- AMALFI COAST (1,000 pieces)
- CAPRI (1,000 pieces)
- THE HOLY FAMILY (1,000 pieces)
- THE VATICAN (1,500 pieces)

My next puzzle will be the Main Street of Las Vegas with all the hotels, signs and bright-lights with 2,000 pieces. At 80 years of age now, I think I will need to have a lot more patience and prayers from my friends."

THIS YEAR, ANTHONY BEGINS HIS 50TH JUBILEE CELEBRATION IN THE SECULAR FRANCISCAN ORDER.

He was admitted on April 23, 1967 and professed on May 28, 1968, at the Church of St. Rita in Long Island City, NY, which was visited monthly by the friars of the Province of the Immaculate Conception.

In 1977, Anthony and his family moved from Long Island City, NY, to Fair Lawn, NJ, transferring to St. Anne’s fraternity also in Fair Lawn. Anthony and his wife, Vittoria, moved again in 2012 from Fair Lawn to Hillsborough, NJ and transferred into the St. Peter Fraternity, located a short distance away in Somerset, NJ, in January 2013.

ANOTHER MILESTONE IN 2017, Anthony and Vittoria will be celebrating their 59th wedding anniversary this April.
It was just a year ago that the St. Mary of the Assumption fraternity in Pompton Lakes, NJ, was in danger of being deactivated. Membership was dangerously low.

Yes, sister Death had whisked some away; other fraternity members and several newly professed had transferred out and life issues in general, brought on by health or geographic necessities, had forced others to take leave.

But even though our numbers diminished, our spirit did not.

Though limited in resources and manpower, we continued with our existing apostolate projects and accepted new projects as well.

We collect aluminum pop-tops from cans (they are pure aluminum) and have donated over 10-lbs of them yearly to St. Mary’s Church in Pompton Lakes, NJ (our host Parish). These are melted down and the money is given to St. Mary’s School to help children with their school needs.

Each year we have collected a combined 100 labels (Box Tops for Education and Labels for Education) which are given to St. Mary’s School for their school needs. They were able to buy computer equipment and the like with these items.
For our latest program, “Signs of Love”, we recently donated personalized name plates for the retired Franciscan Friars at Holy Name Friary in Ringwood, NJ, to better identify the Friar and his room. We also donated engraved name plates for various staff members for their desks or for their doors.

At Christmas time, we prepared brown sandwich bags filled with bird seed and attached a label to it asking the parishioners at St. Mary’s to feed the birds. Outside of church, after the Masses, we explained how St. Francis wished that we feed the littlest of God’s creatures, especially during Christmastime.

We have a fraternity Google Plus web page and a newsletter titled One Candle, which is published and distributed 6 times per year. These are communication vehicles in which we write of our Catholic faith and the Secular Franciscan Order, describing our activities, fraternity meeting times and extend an open invitation asking others come join us.

Our projects may have appeared to some as small or insignificant, but they have reaped amazing rewards. This past January 10th, at our OFS meeting, we formally welcomed seven Inquirers into the Fraternity. They have studied with us for a little over a year and have another year or more before we can welcome them with the Rite of Admission. Seven! I was given the special honor of welcoming them, so I went around the room and described all of the things that I knew about each person. I spoke of their journey to Profession and how they fit into our Fraternity. Every member has brought extraordinary gifts and incredible joy to the fraternity. Afterwards, our Spiritual Assistant, Fr. Richard Husted, OFM, approached each candidate individually and placed his hands on their forehead. He prayed over each and every one of them. The ceremony was very beautiful. Fr. Richard later told me that what I did reminded him of the story of St. Francis telling each of his Friars what specific joys they possessed. Recently on March 4th, we held an OFS information afternoon and were blessed with two additional Inquirers.

Most recently, in my role as fraternity Secretary, I requested an informational flyer from the St. Francis Inn in Philadelphia.

The flyer detailed their mission statement and specific items that they require. A lot of it is for baby supplies, especially diapers. It seems that this may soon become our newest Apostolate.

One year ago we were a Fraternity on the verge of being dissolved, but it is the little things done with great love that attract others.

So we’re moving forward. We’re doing wonderful things and with God’s help, we will continue to grow.
The Rite of Admission was celebrated on October 3, 2016. Minister Dolores Jules, OFS, received Monsignor William Benwell, Vicar General of the Diocese of Metuchen, into the St. John Vianney Fraternity of Colonia, NJ.

Spiritual Assistant to the St. Anthony of Padua Fraternity in Middlesex, NJ, Msgr. Benwell, con-celebrated a special Mass with Fr. John Kavas, Parochial Vicar of St. Francis of Assisi Cathedral, Metuchen, NJ; and Fr. Joseph Kubiak, OFM, Cap., Spiritual Assistant of the SJV Fraternity.

Msgr. Benwell enlightened us with a testimonial homily explaining why he wanted to become a Secular Franciscan.

With a birthday of October 4th, the reason is pretty obvious — he was a Franciscan from birth!

He reminisced that one of the first books his mother gifted him was the Fioretti. He chose the name Thomas because of its significance in his family name.

He shared how he always had a close connection and fondness for the Capuchins. They were present on campus when he was in the seminary in Darlington, NJ.

The evening continued with the Transitus service of our Seraphic Father, St. Francis of Assisi.

‘Brother Thomas’ lead the prayer service and Fr. Kubiak, OFM Cap. portrayed St. Francis.

There was a great turnout from both fraternities, parishioners, as well as religious from the Felician Order, Sr. Michaelita and Sr. Lynn Marie, were also in attendance.

We concluded with hospitality in the upper room of the church, as our two sister fraternities enjoyed being together in fellowship and celebration of the Transitus and the Admission of ‘Brother Thomas’ into the Secular Franciscan Order.

Msgr. Benwell received a beautiful Admission — Birthday gift from the St. Anthony of Padua Fraternity, a Franciscan stole with images of St. Francis and the Tau symbol. (see photo)

We are blessed that Msgr. Benwell - Brother Thomas has joined the Secular Franciscan Order!

May God bless him on his journey to Profession!
On All Saints Day, my 5th grade Granddaughter, Emily Chavez, did a school saint project on St Mary Frances of the Five Wounds, a Third Order Nun in the 1700’s. She memorized her report and was chosen to be one of 5 students to make an oral presentation in front of the whole school assembly of St Matthias School in Somerset, NJ. After her report she was questioned by our Pastor, Rev. Douglas J. Haefner. Emily never left character – answering all questions as if she was St. Mary Frances.

I present Emily Chavez as

Saint Mary Frances of the Five Wounds

Saint Mary Frances was born on March 25, 1715. She was born in Naples, Italy. When she was 4 years old, she began to pray for hours. She prayed so often, that an angel came down and instructed her often. When she was younger than 7 years old, she received Holy Communion. The priest suggested that she receive the Eucharist daily because of her religious knowledge. Saint Mary Frances always helped her parents any way she could.

When Saint Mary Frances was 16 years old, a rich young man asked her father if he could marry her. He said yes, but when he told Saint Mary Frances, she said she didn’t want to get married and that she wanted to become a third-order nun. Her father got so angry that he whipped Saint Mary Frances with a golden rope and threw her into an empty room. She only ate bread and water and no one was allowed to speak to her. She said that this was proof to her groom that she was faithful to God.

Her father, eventually, let her take the vows to become a third-order nun when he realized he was wrong. She stayed unmarried and served God strongly. Saint Mary Frances then received the Stigmata, which are the wounds of Jesus and was named, “Mary Frances of the Five Wounds.” She suffered the pain of Jesus with him. When she told her siblings about this, they called her an imposter because they thought she was lying. Even her confessor thought she was lying. Her only comfort was the wounds of Christ. When she became sick, she knew her father was close to death. So, she prayed to God asking to suffer with him and go to Purgatory with him. She still got many graces. Saint Mary Frances died on October 6, 1791, while kissing the foot of her crucifix. Pope Gregory beatified her in 1843. Pope Pius canonized her in 1867. She then became “Saint Mary Frances of the Five Wounds”.

I admire the way that Saint Mary Frances prayed so often that she received the wounds of Jesus. She died praising the Lord. I believe that she was canonized because of her strong service to God and her hours of prayer. She started her hours at a very young age. She wanted to be a nun and serve God instead of getting married. She wanted to go to Purgatory with her father instead of going straight to heaven.

Reference: www.roman-catholic-saints.com
In 1997, Marie and Pete D’Andrea, Italian-American farmers in the little town of Buena, NJ, traveled to San Giovanni, Italy, the home of Saint Padre Pio. While there, they received a deep feeling in their hearts to erect a shrine in their town dedicated to Padre Pio. They acted upon the call and the four-story St. Padre Pio monument was erected and completed in the Landisville section of Buena, NJ in 2002. Since then, many pilgrims have visited the outdoor Shrine where miracles have been reported to have taken place. There is also a weekly prayer group that meets at the Shrine which houses a relic glove of St. Padre Pio as a relic.

Prayer with the glove of Padre Pio is available for the pilgrims. Since the Shrine was erected, the local parish was renamed Our Lady of Pompeii Church/Padre Pio Parish. The parish has hosted a Padre Pio Festival for the past 14 years to commemorate the Feast Day of Padre Pio on September 23rd. www.pppnj.org

I had the privilege of attending the St. Padre Pio Festival on September 25, 2016. It was one of the most blessed days of my life as I was able to venerate and kiss the visiting relic of Padre Pio’s heart three times and also a first class relic of St. Teresa of Calcutta. This was the first time that the relic had ever left Italy, first going to Boston, MA, and then to Vineland, NJ.

The following is a brief synopsis of the homily Reverend Robert Sinatra, pastor of Our Lady of Pompeii gave during the 11:00 a.m. Mass. Reverend Sinatra said what a blessing it was for his parish of 1,300 families to receive the heart relic of their patron, St. Padre Pio. Many people have asked why the heart of Padre Pio was separated from his body? Why not? His heart was so full of love for Christ, the Church, the Eucharist, the Blessed Mother, the sick and the poor.

Padre Pio spoke often of how his heart felt, especially during his celebration of the Mass when he hungered and thirst for Jesus. Padre Pio stated that he felt his heart was fused with the heart of Jesus; there were no longer two hearts beating. Padre Pio’s heart was united with the heart of Jesus.

In this life, we also hunger and thirst for Jesus, to be united with Him and His love. Many times though, we choose to fill our hearts with other things, the things of this world. If we truly live out our Christian vocation, we must strive to live our lives out of love, with our hearts united to Jesus’ Heart and the Cross.

Padre Pio suffered with the Stigmata for over 50 years. His heart knew the depths of redemptive suffering as he shared in the passion of Christ.

There are four things that we need in order to have our hearts united with Christ:

**FIRST – THE EUCHARIST**
We must have intimate knowledge of Jesus which is gained by receiving Jesus in the Eucharist and Adoring Him in the Most Blessed Sacrament.

**SECOND – THE BLESSED MOTHER**
We need to look at Mary’s heart—the heart of the Mother to know the Son. We must imitate and embrace Mary as she leads us to her Son.

**THIRD – LOVE FOR THE SICK AND THE POOR**
We must serve our brothers and sisters in need. Love drives us to action. We must help to lift the heavy crosses of those who cannot do it on their own.

**FOURTH – CONFESSION AT ALL TIMES**
Confession is mercy and forgiveness. If we want to have a heart like Christ we need constant conversion and transformation. We must show mercy and forgiveness to one another and we desperately need that in our world today.

I will never forget that day, I was so proud to be wearing my Tau cross as a member of the Franciscan family. I pray and strive to live out my Franciscan vocation with the love of Padre Pio’s heart and I also pray that for all of you.
PEACE AND ALL GOOD!

Every three years it is the responsibility of the Regional Minister to announce the Regional Chapter of Elections (see GC article 51.2a). Our elective chapter will be held on November 11, 2017. The nominating procedure is lengthy so we must begin the process now. The Regional Executive Council has appointed Pat Spana, OFS, to chair the Nominating Committee. Pat has prepared the following packet (pgs. 21-25) to request nominations from every fraternity. We thank Pat for the work already accomplished and for the work yet to come.

We are counting on your prayer and collaboration to help members discern if they will be able to serve our region. Our 2017 election is particularly important since three members of the present Council must retire after having served three consecutive terms. The offices affected are Secretary, Treasurer and Westchester Councilor. Of course, we are hoping that many of our members will choose to accept nominations for any and all offices!

In the packet you will find descriptions of the duties of the officers from the General Constitutions and our Regional Guidelines. However, I also want to share with you some of the outstanding servant leadership characteristics demonstrated by our present council members. Please keep these in mind as you consider possible candidates.

- **Trust** in the Holy Spirit
- **Excellent Franciscan formation** and eagerness to deepen their commitment to our Order
- Deep awareness of what they promised at Profession
- **Positive attitude**
- **Readiness to move the Region forward**—without promoting a personal agenda
- Willingness to make the time to attend monthly meetings of the Regional Executive Council (usually held in Paterson, NJ on the second Saturday of the month)
- Willingness to collaborate with their brothers and sisters
- Willingness to LISTEN to one another
- Fulfillment of the responsibilities for which they were elected and creativity with new ideas
- **Excellent communication skills**
- Ability to use digital communications—we communicate OFTEN by e-mail
- Have the means to provide their own transportation to REC meetings
- Willingness to assist with elections and visitations
- Willingness to attend other Regional gatherings, workshops and the Regional Retreat
- Experience in serving the Order because they have held office on the local level

Please pray that the Holy Spirit will inspire everyone one in our Region to nominate and or be nominated. Let’s get another great team together to serve our Region!

Blessings,

Diane F. Menditto, OFS
Minister, Our Lady of the Angels Region
MAY THE LORD GIVE YOU PEACE!

- Please circulate this information among the members of your Fraternities and publish it in your Fraternity Newsletters.
- The Chapter of Elections for Our Lady of the Angels Region is scheduled for November 11, 2017 at the St. Francis Church, 50 Lodi Street, Hackensack, NJ.
- All professed members of the Fraternities within Our Lady of the Angels Region are eligible to nominate someone for election to serve on the Regional Executive Council.

TIMELINE:

<table>
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<tr>
<th>Date</th>
<th>Event</th>
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<tbody>
<tr>
<td>April 1, 2017</td>
<td>Notice of Election published; Call for Nominations.</td>
</tr>
<tr>
<td>May 30, 2017</td>
<td>Absolute deadline for submitting nominations.</td>
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<tr>
<td>June</td>
<td>Nominating Committee contacts Nominees, advises them of their nomination, and provides forms for return by August 1st.</td>
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<tr>
<td>August 1, 2017</td>
<td>Deadline for return of nomination acceptance forms from nominees.</td>
</tr>
<tr>
<td>September 9, 2017</td>
<td>List of nominees and resumés sent to Region Executive Council.</td>
</tr>
<tr>
<td>September 25, 2017</td>
<td>Resumés of nominees sent to voting members of the Elective Chapter.</td>
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ELIGIBILITY FOR NOMINATION: (As stated in our Regional Guidelines)
- Nominees must be permanently professed for three (3) years.
- A local Minister may not serve as Regional Minister – if he/she is nominated and then elected, he/she must resign from office as local Minister.
- Present Regional Executive Council Members may not serve more than three (3) terms.

DESCRIPTION OF RESPONSIBILITIES for each position, please refer to pgs 23-24.

PROCEDURE:
- Please fill out and return the completed nomination form (page 25), including all requested information, via snail-mail OR e-mail (attached to an e-mail if possible) to BOTH Pat Spana, OFS Nominating Committee Chair, and RoseAnn Cerbone, OFS Nominating Committee Co-Chair—make copies as necessary.
- (Nominations are sent to BOTH committee members to avoid a nomination being lost. We will continually cross reference nominations.)
- Nominations are Confidential.

Peace and good,

PAT SPANA, OFS
Nominating Committee Chair
Our Lady of the Angels Region
170 E. Hartsdale Avenue, 1F
Hartsdale, NY 10530
spanap@aol.com

ROSEANN CERBONE, OFS
Nominating Committee Co-Chair
Our Lady of the Angels Region
40 Fowler Avenue
Yonkers, NY 10701
rcerbone@aol.com
MINISTER - General Constitutions Articles 63.1 and 63.2

1. While firmly preserving the co-responsibility of the council for the animation and guidance of the regional fraternity it is the duty of the minister, who has the primary responsibility, to see that the directions and decisions of the council are put into practice. He or she will keep the council informed concerning his or her activities.

2. In addition, the regional minister has the duty:
   a. to convocate and preside at the meetings of the regional council; to convocate every three years the elective chapter of the fraternity after having listened to the council on the formalities of the convocation;
   b. to preside at and to confirm the elections of the local fraternities either in person or through a delegated member of the regional council, with the exception of the spiritual assistant;
   c. to make fraternal visits to the local fraternities, personally or through a delegate who is a member of the council;
   d. to participate in the meetings called by the national council;
   e. to represent the fraternity whenever it has acquired a juridical personality in the civil order;
   f. to prepare the annual report to the national council;
   g. to request the pastoral and fraternal visits with the consent of the council, at least once every three years.

VICE MINISTER - General Constitutions Article 52.1

1. The vice-minister has the following duties:
   a. to collaborate in a fraternal spirit and to support the minister in carrying out his or her specific duties;
   b. to exercise the functions entrusted by the council and/or by the assembly or chapter;
   c. to take the place of the minister in both duties and responsibilities in case of absence or temporary impediment;
   d. to assume the functions of the minister when the office remains vacant. (See article 81.1 GC)

SECRETARY - Article 52.2

2. The secretary has the following duties:
   a. to compile the official acts of the fraternity and of the council and to assure that they are sent to their respective proper recipients;
   c. to provide for the communication of the more important facts to the various levels and, if appropriate, to provide for their dissemination through the mass media.

DIRECTOR OF FORMATION - Formation Directors’ Handbook

3. The director of formation has the following duties:
   - Liaison from the region to the National Formation Commission. Questions and concerns that arise in your region can be directed, through you, to the National Formation Commission;
   - Attend Executive Council Meetings working to serve the needs of your regional fraternity as part of a team.
   - Establish a regional formation team;
   - Work with formation team to provide initial formation sessions in the Clusters;
   - Insure that ongoing formation is presented at all regional gatherings;
   - Provide ongoing formation for the Regional Executive Council;
   - Work with the Retreat planning team to provide breakout sessions for those in Initial Formation who attend;
   - Prepare an annual report.

continued on next page
TREASURER - Article 52.4

4. The treasurer, or bursar, has the following duties: *(Also see below from Regional Guidelines, 19-22)*
   a. to guard diligently the contributions received, recording each receipt in the appropriate register, with the date on which it was given, the name of the contributor, or the one from whom it was collected;
   b. to record in the same register the items of expense, specifying the date and the purpose, in conformity with the directions of the fraternity council;
   c. to render an account of his or her administration to the assembly and to the council of the fraternity according to the norms of the national statutes.

*TREASURER - Regional Guidelines, 19-22

19. The Regional Treasurer keeps accounts of all money and has the oversight of the property of the Regional Fraternity, unless otherwise determined by the Regional Executive Council. The Treasurer deposits all funds of the Regional Fraternity in such bank accounts as the Regional Executive Council designates and in the name of the Regional Fraternity.

20. The Regional Treasurer shall make Financial Reports for approval at each regular meeting of the Regional Executive Council and Regional Fraternity Council.

21. The Regional Treasurer pays out money, by check only, as the business of the Regional Fraternity may require, on the order of the Regional Executive Council. All checks over $500.00 need two signatures.

22. An audit shall be conducted once a year by at least two competent professed members selected by the Regional Executive Council and who do not currently serve on the Executive Council. The results of the audit shall be presented at the annual Regional Fraternity Council meeting.

ARTICLE 52.5

5. The provisions regarding the rights and duties of the vice-minister, the secretary and the treasurer apply, with the appropriate adaptations, to all levels.

COUNCILORS - Regional Guidelines Appendix A, Resolution #1

In our Region, we also elect four Councilors to represent the Clusters: North Jersey, Central Jersey, Manhattan and Westchester.

In addition to their role as members of the Regional Executive Council we expect that they “will ensure that the needs and concerns of each member fraternity within their Cluster will be brought to the attention of the Regional Executive Council. In turn, these councilors will bring to the attention of the member fraternities whatever the Regional Executive Council has approved for the Regional Fraternity.”

The Guidelines go on to say that it is expected that these councilors will be from the Cluster which they will serve.
Date______________________________

Full Name of the Perpetually Professed person you wish to Nominate.
_____________________________________________________________________________

Full mailing address, phone number and e-mail address of this Nominee.
_____________________________________________________________________________
_____________________________________________________________________________

Fraternity where this Nominee is a Professed Member________________________________
Fraternity City__________________________________________State___________________

For which of the following one or more position(s) are you nominating this person?
Please clearly circle or highlight.

- Regional Minister
- Regional Vice Minister
- Regional Secretary
- Regional Treasurer
- Regional Formation Director
- Councilor: North Jersey
- Councilor: Central Jersey
- Councilor: Manhattan
- Councilor: Westchester

Name of Nominator:_____________________________________________________________
Telephone:__________________________________E-mail address:______________________

Please return this completed nomination form, including all requested information,
via snail-mail or e-mail to BOTH of the following members of the Regional Nominating Committee:

(Please make copies as necessary)

PAT SPANA, OFS  
Nominating Committee Chair  
Our Lady of the Angels Region  
170 E. Hartsdale Avenue, 1F  
Hartsdale, NY 10530  
spanap@aol.com

ROSEANN CERBONE, OFS  
Nominating Committee Co-Chair  
Our Lady of the Angels Region  
40 Fowler Avenue  
Yonkers, NY 10701  
rcerbone@aol.com

All written Nomination forms are to be returned to the Nominating Committee by May 30, 2017
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<th>Month</th>
<th>Universal</th>
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<tr>
<td>April</td>
<td>For young people, that they may know how to respond generously to their vocation, seriously considering the possibility of consecrating themselves to God in the priesthood or in consecrated life.</td>
<td>For the National Fraternity of Venezuela, the Philippines and for the fifth Asia-Oceania Congress.</td>
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<td>May</td>
<td>For evangelization: For Christians in Africa that they may give a prophetic witness of reconciliation, justice and peace in imitation of the merciful Jesus.</td>
<td>For the National Fraternities of Romania, and Bosnia and Herzegovina.</td>
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<td>June</td>
<td>Universal: For the leaders of nations to commit themselves to put an end to the arms trade, which leads to so many innocent victims.</td>
<td>For the National Fraternities of Italy, Malaysia-Singapore and the Netherlands, and for the Project Africa Formation Workshop in Abidjan-Ivory Coast.</td>
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<tr>
<td>July</td>
<td>For evangelization: For our brothers and sisters who have strayed from the faith, that through our prayers and witness of the Gospel, they can rediscover the closeness of the merciful Lord, and the beauty of Christian life.</td>
<td>For the National Fraternities of Capo Verde, Hong Kong, China, Indonesia, Bolivia and Pakistan.</td>
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<td>August</td>
<td>Universal: For the artists of our time, may they, through the works of their genius, help everyone discover the beauty of creation.</td>
<td>For the Project Africa Formation Workshop in Yaoundé-Cameroon, the National Fraternities of Egypt, Angola, the Democratic Republic of the Congo, Guatemala, Denmark, Chile and Ireland.</td>
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<tr>
<td>September</td>
<td>For evangelization: For our parishes, let them be animated by a missionary spirit, and become places where faith is shared and where they are witnesses of charity.</td>
<td>For the National Fraternities of Peru, Lithuania and Spain.</td>
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<tr>
<td>October</td>
<td>Universal: For those in the labor market, may they all be assured of respect and protection of their rights and may the unemployed be given the opportunity to contribute to the building of the common good.</td>
<td>For the National Fraternities of Belarus and Thailand.</td>
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<tr>
<td>November</td>
<td>For evangelization: For Christians in Asia, as they bear witness to the Gospel in word and deed, let it be conducive to dialogue, peace and mutual understanding, especially with those who belong to other religions.</td>
<td>For the CIOFS Presidency, the General Intermediate Chapter, our departed brothers and sisters, and the Malawi National Fraternity.</td>
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<tr>
<td>December</td>
<td>Universal: For the elderly, may they be sustained by families and Christian communities, and may they work together in wisdom and experience to transmit the faith and to educate the new generations.</td>
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THE TROUBADOUR is a quarterly communications vehicle published by Our Lady of the Angels Region. It is published in 2 formats—printed and electronically.

- The printed magazine, The Troubadour, is published twice yearly— in March and September. It is mailed free to all Professed members and Candidates of the region.
- The electronic newsletter, e-Troubadour, is published quarterly in March, June, September and December. It is available on our Region website or by email. It is available to all Professed and Candidate members of the region with e-addresses from our database.

- Please notify me if you have a change in your name, address, phone, e-mail address or membership status. Please fill out the form below and surface mail to Anna Geraci, OFS, 161-B Cross Slope Ct., Manalapan, NJ 07726, or e-mail: TroubadourEditor@aol.com Please write TROUBADOUR in the subject line.

- Note that all changes submitted are also applied to the National database which I maintain for our region. If you are a Professed member or Candidate and are currently not receiving a copy of the Tau-USA National newsletter, please notify me.

—EDITOR

CALL FOR ARTICLES
Wherever you see the spirit of Saint Francis at work in the world, in your lives, in your fraternity, in its members and in your hearts—we want to hear from you. Come, share with us.

DEADLINES
All submissions for the next issue must be received by the 15th of the preceding month.

Submissions for our next issue (e-mail) of e-Troubadour, June 2017, are due by May 15th.

ARTICLE SUBMISSIONS
- The right to copy all material printed in the Troubadour is granted provided you credit the Troubadour and author.

- Not every article received may be published in the upcoming issue. Every consideration is given for publication in a future issue.

- When submitting articles for publication consideration, please state fraternity name and location, as well as your name and address.

CHANGE OF ADDRESS FORM
Please change (or add) the following information.
(Please print clearly)

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Our Lady of the Angels Region
Secular Franciscan Order

Francis go and repair my house.

Our Lady of the Angels Region Communications

Region Website: www.ourladyoftheangelsregion.org

E-Troubadour (quarterly by e-mail)

The Troubadour Magazine (printed twice yearly, March and September)
http://olangels.tripod.com/troubadour.html

Events Newsletter (monthly by e-mail only)

Yahoo Group: http://groups.yahoo.com/group/OLTARRegion