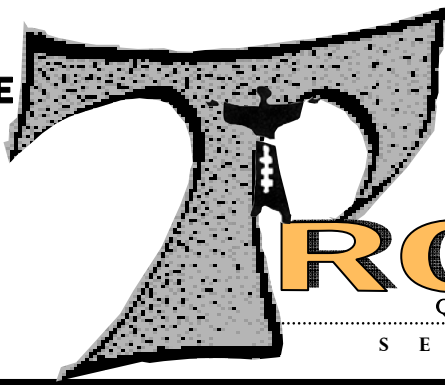


THE



# ROUBADOUR

WINTER/SPRING 2008

QUARTERLY NEWSLETTER PUBLICATION OF OUR LADY OF THE ANGELS REGION

S E C U L A R F R A N C I S C A N O R D E R

CELEBRATING THE EIGHTH CENTENARY OF THE BIRTH OF ST. ELIZABETH OF HUNGARY 1207-2007

BY BETTE LA CONTE, SFO  
St. John Vianney Fraternity  
New Jersey

Seeing God in all they meet, special people that can't be beat.

Eager to help all in need, always doing a special good deed.

Caring and sharing, spreading their love, God smiles on each one from above.

Understanding and kind each and every day. Walking in God's footsteps as they go along their way.

Leading others to Christ and St. Francis, by all they do, living their lives for me and you.

Awesome Christians that stand out in a crowd, of all these people we are very proud.

Really good-hearted, always willing to share, no cross is too heavy for them to bear.

Franciscans, so friendly they make us all smile, each one always willing to walk that extra mile.

Ready to pray the Rosary and lend, a helping hand to some new friend.

Anything they do they don't do for reward, but their crown will be great when presented by the Lord.

Never turning anyone away, they sprinkle so much sunshine everyday.

Courage to stand up for principle, whatever the price they must pay, each one striving for the Christ-like way.

Individuals who are truly grand, and yes, they are leaving their footsteps in the sand.

Seeing Christ everyday in the Poor, always keeping open their heart's door.

Celebrating everyday, and grateful to God above, for filling their hearts with everlasting love.

Always sharing God's words, Beacons of Hope everyday, reaching out to others, never turning anyone away.

Never giving up on the challenges they face, trusting in their Lord, and His Mother, full of Grace.

Striving to help all reach that heavenly goal, as they walk along life's busy highway, with a peaceful heart and soul.

WHOM ARE WE SPEAKING ABOUT? WHAT IS THE NAME? IT'S THE SECULAR FRANCISCANS  
AND TODAY WE PROUDLY ENTER THEM INTO THE OUTSTANDING ROLE MODELS' HALL OF FAME.

VOLUME 10 • ISSUE 41

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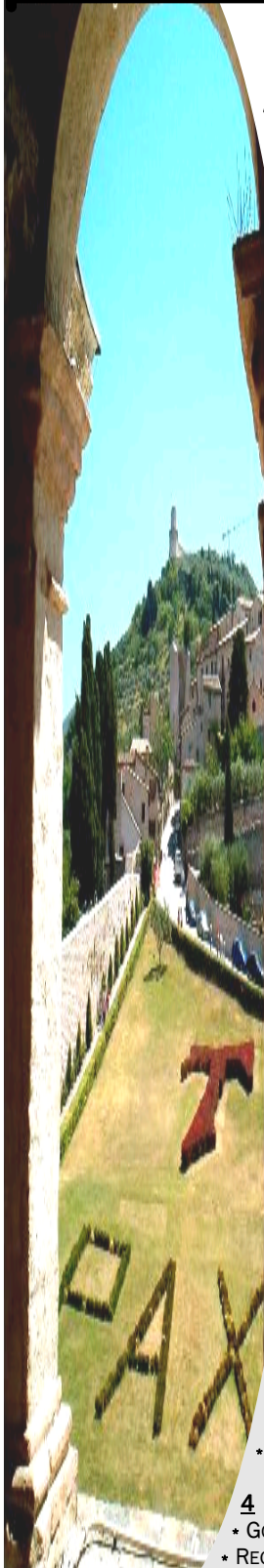
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# REACHING OUT<sup>2</sup> WITH

## NEEDLE- WORK



Inspired by the prayer shawl ministry at St. Patrick-St. Anthony Church in Hartford, Connecticut, Fr. Cassian Miles, OFM, organized a similar program in October at **ASSUMPTION CHURCH IN WOOD-RIDGE, NEW JERSEY.**

“The initial response was very encouraging,” Fr. Cassian said. “Before long, we had more than 20 women interested in knitting and crocheting shawls. The prayer aspect is a personal matter, with some women praying while their fingers work the needles and yarn into distinctive patterns of shawls.”

Madeline Spies, Jean Zoch, SFO, and Marie Ward, SFO, volunteered to get the group started. They reached out to parishioners they knew who would be interested in this ministry, and also invited others through their parish bulletin.

The very first shawl from Ms. Spies’ nimble fingers was presented personally by her and Fr. Cassian during their visit to Mabel, mother, of Fr. Paul Sinnema, OFM, at St. Vincent’s Nursing Home in Cedar Grove, New Jersey, this past December.

Homebound members of the parish and residents of other area nursing homes and rehabilitation facilities also received shawls. A prayer card and Christmas greeting accompanied each shawl donation.

“Our group now meets once a month in the early afternoon at Fr. Patrick Morris Hall in the basement of our church,” Fr. Cassian said. “Instruction is offered to newcomers to needlework. Usually by the end of our meeting, our skilled ladies have turned out either finalized beautiful products or sections of yard on their way to becoming completed shawls.”

“Those who have welcomed the shawls tell me that there’s nothing like the cozy feeling of this knitted piece around their shoulders or placed over their laps. And they are grateful for the prayer that goes with each shawl,” Fr. Cassian said, adding, “At the end of our meeting, we pray over the shawls made there, as well as others we have received from parishioners who made them at home. Yes, a blessing has been done with each of the 41 shawls created so far.”

# SPREADING CHRISTMAS CHEER



**DOLORES JULES, SFO**  
St John Vianney, Colonia, NJ

Members of the **ST. JOHN VIANNEY FRATERNITY**, Colonia, NJ, got to work spreading Christmas cheer while enjoying refreshments at their monthly gathering.

The fraternity signed more than 150 Christmas cards for residents of St. Joseph’s Senior Home Nursing Center & Assisted Living in Woodbridge, NJ.

To distribute the holiday cards, the fraternity held a Christmas party for St. Joseph’s residents on Sunday, December 9.

Everyone enjoyed cookies, cake, fruit and juice, as well as a one-of-a-kind cookie cake in the shape of St. Francis that was handmade by Antoinette D’Amico, who is beginning Orientation.

The St. Francis cookie was donated to the Sisters of the Immaculate Conception who manage the facility.

Adding to the festivities, the fraternity led a Christmas carol sing-a-long and Bible study. The event was organized by Anna Zielski SFO, chairperson of fraternity’s evangelization committee.



On Saturday, December 1, 2007, the NORTH JERSEY CLUSTER “stepped out,” for our Christmas Day of Reflection, to the Franciscan Spiritual Center in Ringwood, NJ.

Sister Matthew Cola, OSF’s presentation entitled:



“COME TO THE STABLE WITH FRANCIS OF ASSISI” centered on the history of Francis’ initiating, at Greccio, the re-enactment of the birth of Christ.

Francis wanted the townspeople —and us— to feel the great mystery of the Incarnation and to help reveal to us who Christ really is through our practicing the virtues of humility, poverty, and charity.

Francis encourages us to celebrate the mystery of God’s love, which has the power to remake the world! Francis shows us the kind of heart one must have to truly internalize the significance of the Nativity. He figuratively and literally brought the Lord to life at Greccio.

The Cluster members enjoyed some Franciscan fellowship and community during breakfast and lunch. We

participated in a Christmas Mass, and were given some blessed straw to bring home to our own mangers, or crèches, or presepios. We took with us, more importantly, some excellent “food for thought” to prayerfully begin the Advent Season.



**H**UNDREDS OF POUNDS of items generously donated by parishioners of St. Anthony of Padua Church, NYC, as well as non-parishioners and local businesses were sent to Iraq through the Catholic Chaplains serving overseas for the Thanksgiving and Christmas holidays.

Included in these packages were items that are in great demand for our desert operations, such as anti-bacterial wipes, eye drops, lip balm, cooling scarves, and sunscreen. They also included items such as snacks, toiletries, batteries, magazines, phone cards, and Scapulars.

These items were sent to assist our Troops serving in Iraq, as a statement of support of St. Anthony’s for those serving in our armed forces. The Drive was started with the belief that assisting our Troops transcends all political, religious, and ideological differences.

This project has become an on-going one, and Brother Courtland, OFM, and the SECULAR FRANCISCANS OF ST. ANTHONY OF PADUA CHURCH, NEW YORK CITY, ask all our Franciscan Brothers and Sisters and fraternities, to embrace this cause, and help support this on-going drive with future shipments of items to send our Troops. Let’s work together for one common goal—to let the men and women who are serving in the armed forces know that they, and their sacrifices, are appreciated.

Our next planned shipment will be packed and shipped to the Chaplains at various units in Iraq in time for Memorial Day. If you contact us in advance, we would be pleased to pickup the donations from you.

If you have any questions, contact Anna Geraci, SFO, 732.851.6537, or Brother Courtland at St. Anthony’s Church Rectory, 212.777.2755.

# Golden Anniversary Celebration

ST. STEPHEN'S FRATERNITY

1908 PERTH AMBOY  
NEW JERSEY 2008

## REGIONAL

# T

### CALENDAR

SUN	MON	TUE	WED	THU	FRY	SAT
	1	2	3	4	5	
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

—2008—

**SATURDAY, APRIL 26**

**CONVIVENZA**

LOCATION TO BE ANNOUNCED

**JUNE 26–29**

**LEADERSHIP CONFERENCE**

Loretto, PA

*More details on page 23*

**JULY 26**

**REGIONAL PICNIC**

TBD

**AUGUST 11-15**

**FLIC**

*Franciscans Living in Community*

Mt. St. Alphonsus Retreat Center

Esopus, NY

*More details on page 23*

**SATURDAY, NOVEMBER 8**

**CHAPTER OF MINISTERS**

AGENDA:

Regional Elections

NYC



THE YEAR 2008 MARKS THE 100TH ANNIVERSARY OF CANONICAL ESTABLISHMENT OF ST. STEPHEN'S FRATERNITY AT ST. STEPHEN'S PARISH IN PERTH AMBOY, NJ.

To commemorate this Golden Anniversary, the sisters and brothers of this Fraternity are planning a celebration on Sunday, April 20, 2008, with a Thanksgiving Mass at 11:00AM at St. Stephen's Church. At this time the Renewal of Profession will take place.

After the Eucharistic celebration, a light luncheon reception will follow for members and guests in the parish cafeteria.

St. Stephen's Fraternity joyfully invites all Secular Franciscans in the Region of Our Lady of the Angels and other well wishers to join in the celebration. A donation of \$10.00 is requested.

FOR LUNCH RESERVATIONS CONTACT:

Minister Joanna Derabin

at 732-525 1020

St. Stephen's is located at

490 State Street

Perth Amboy, NJ

HAVE YOU ATTENDED AT LEAST ONE REGIONAL EVENT THIS YEAR?



**HAPPY ANNIVERSARY  
AD MULTOS ANNOS**



# RECOGNITION



The **IMMACULATE CONCEPTION PROVINCE OF THE ORDER OF FRIARS MINOR** held a historic Chapter this past October 2007. For the first time ever, 65 friars of the Province gathered together in Assisi for a Retreat and annual Chapter. The magnitude that so many brothers were together, from the most junior novice (age 19), to the most senior friar (age 82), and all the rest with varying years of Franciscan life, made this multi-generational mix all the more meaningful. It was an exhilarating and, for many, a life changing experience.

Provincial Minister, Fr. Robert Campagna, OFM, received the inspiration when the Order began celebrating the 800<sup>TH</sup> anniversary of the conversion of St. Francis during 2007.

The friars traveled together to Greccio, Fontecolombo, S. Maria degli Angeli and LaVerna. On October 3, all the friars were led in a powerful and moving renewal of their vows and their commitment to the Franciscan life.

With Franciscan Joy, **ST. ANTHONY FRATERNITY, BUTLER, NJ**, celebrated the 10<sup>TH</sup> Anniversary of the reactivation of their Fraternity on Saturday, November 17, 2007.

The joyful celebration was held at their 5:30PM Mass, where they also celebrated the Feast of St. Elizabeth of Hungary.



**5** This past October 12, 2007, was the occasion of a double celebration for the **ST. JOHN VIANNEY** and **ST. ELIZABETH OF HUNGARY FRATERNITIES**, of Paterson, NJ, as the two fraternities were officially merged into one; and four new members were Professed in a beautiful liturgical celebration at St. Bonaventure's Church that evening.

Fr. Richard Trezza, OFM, Regional Spiritual Assistant of Our Lady of the Angels Region, presided at this jubilant celebration which was concelebrated with Fr. Jason Caeanac, Associate Pastor at St. Joseph's, Lodi, NJ; Fr. Dave Sison, Parochial Vicar, St. Anthony of Padua, Belleville, NJ; Fr. Daniel P. Grigassy, OFM, Pastor, St. Bonaventure's Church, Paterson, NJ; Fr. Christian F. Camadella, OFM, Spiritual Assistant, St. John Vianney Fraternity. A joyful reception held in the Third Order Hall immediately followed.



**FROM THE ALTAR (IN BACK) L-to-R:**

Joan Ferrary, SFO, Vice Minister; Fr. Jason Caeanac; Fr. Dave Sison; Fr. Daniel P. Grigassy, OFM; Fr. Christian F. Camadella, OFM; Fr. Richard Trezza, OFM; Ted Coombs, Formation Director; St. John Vianney Fraternity.

**FROM THE ALTAR (IN FRONT) L-to-R:**

Marie Palazzone, SFO, Minister; St. John Vianney Fraternity; Ann Vadakkekara, SFO; Mary Ann Tierno, SFO; Magdi Nacheff, SFO; Joseph A. Massood, SFO, Esq.



*The signing of the agreement between the two Fraternities and the official seal to document the said agreement on October 12, 2007.*

**PHOTOS CREDIT**—SISTER JANE M. ABELN-SMIC, MSIC OF PATERSON, NJ.

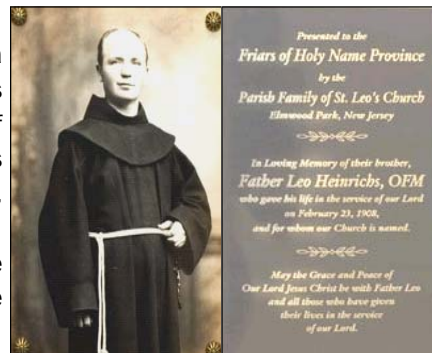
**PICTURED L-to-R:** Philomena Agnes, SFO, Minister, St. Elizabeth of Hungary Fraternity; Marie Palazzone, SFO, Minister, St. John Vianney Fraternity; Fr. Richard Trezza, OFM, Regional Spiritual Assistant, Our Lady of the Angels Region.

# MEMORIAL

February 2008, marked the centenary of the assassination of **FR. LEO HEINRICHS, OFM**, on February 23, 1908, at St. Elizabeth Church in Denver, CO. (See *Troubadour*, Issue 40, article by Deacon William Joyce)

Holy Name Provincial Minister, Fr. John O'Connor, OFM, marked the occasion at a special memorial Mass on March 2 at St. Leo's Church in Elmwood Park, which was named after the martyred friar. It was celebrated by Auxiliary Bishop John Flesey of Newark. Also in attendance were friars who had served at St. Leo's including past pastors Fr. Brennan Connelly OFM, and Fr. Brian Cullinane, OFM, as well as Fr. Lawrence Burke, OFM, Fr. Theodore Lehr, OFM, and Fr. Jeremiah McGinley, OFM.

During the standing-room only Mass, a very thoughtful and knowledgeable presentation on the life and death of Fr. Leo was given by two parishioners. A plaque commemorating Fr. Leo was given to the Province by the Parish of St. Leo's.



# OPENING A ROSEBUD

A young seminarian was walking with an older, more experienced priest in the garden one day. Feeling a bit insecure about God's plans for him, he was asking the elder for some advice.

The older priest walked up to a rose bush, handed the young seminarian a rosebud, and told him to open it without tearing any of the petals. The young man looked in disbelief at the older priest and tried to understand out what a rosebud could possibly have to do with his wanting to know the will of God for his life and ministry.

But, because of his great respect for the elder priest, he proceeded to try and unfold the rosebud while keeping every petal intact.

It wasn't long before he realized how impossible this was to do.

Noticing the young man's inability to unfold the rosebud without tearing it, the elder priest began to recite the following poem:

It is only a tiny rosebud  
a flower  
of God's design;  
but I cannot  
unfold the petals  
with these  
clumsy hands of mine.

The secret of unfolding flowers  
is not known to such as I.  
God opens this flower so sweetly,  
while, in my hands, they die.

If I cannot unfold a rosebud,  
the flower of God's design,  
then how can I have  
the wisdom  
to unfold this life of mine?

So, I'll trust in Him  
for leading  
each moment  
of my day.  
I will look to Him  
for His guidance  
each step of  
the Pilgrim's way.

The pathway that lies before me  
only my Heavenly Father knows.  
I'll trust Him to unfold  
the moments,  
Just as He unfolds the rose.

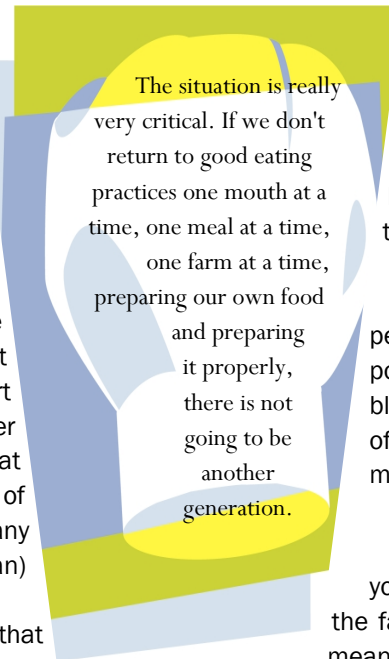
## SPIRITUAL FOOD PREPARATION—MADE WITH LOVE

RAY HARDWICK, SFO

THERE IS A WONDERFUL QUOTE ABOUT COOKING:

"If a woman could see the sparks of light going forth from her fingertips when she is cooking, and the substance of light that goes into the food she handles, she would be amazed to see how much of herself she charges into the meals that she prepares for her family and friends. It is one of the most important and least understood activities of life, that the radiation and feeling that go into the preparation of food affect everyone who partakes of it. And this activity should be unhurried, peaceful, and happy because the substance of the life stream performing the service flows into that food and is eaten, and actually becomes part of the energy of the receiver. It would be better that an individual did not eat at all than to eat food that has been prepared under a feeling of anger, apathy, resentment, depression, or any outward pressure." (Maha Chohan)

Think of the vibration that in all this food that is made in factories. Nourishing foods start with the way we farm—the farmer who farms with wisdom and love for the land, the dairyman who farms with love for his animals, the cheese maker who makes cheese with the love of her craft, the baker who bakes with the love of the final product, the beverage maker who makes the type of delicious and nutritious beverage that should be produced in every town and hamlet. Traditional processing puts not only good nutrition, but the vibration of love into our food.



The situation is really very critical. If we don't return to good eating practices one mouth at a time, one meal at a time, one farm at a time, preparing our own food and preparing it properly, there is not going to be another generation.

"The energy goes into the food and when it is eaten by the receiver actually blesses the receiver. That is why the advanced spiritual teachers of the East never eat food prepared by anyone other than their own *chelas* (disciples). The person preparing the food may be the only one in the household who is spiritually advanced (this is often the case).

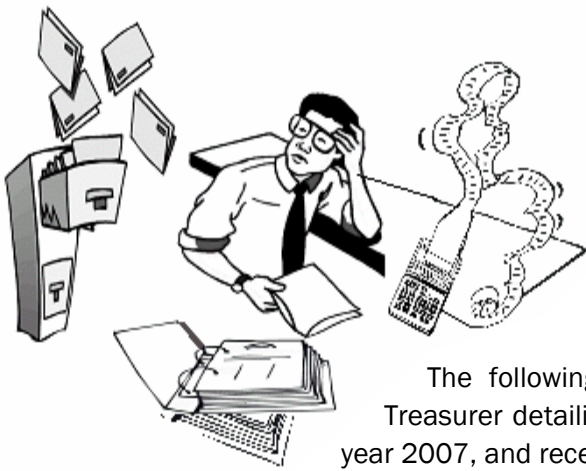
An active charge of happiness, purity, and peace will pour forth into the food from him, and this pours forth into the other members of the family and blesses them. There are more ways than one of allowing the Spirit of God to enter the flesh of man."

So I hope that from what I have shown you, you will turn away from godless food. Someone from the family needs to get back in the kitchen. It doesn't mean you have to spend hours in the kitchen, but you need to spend some time in the kitchen preparing food with love, food that has been grown with love and prepared with wisdom and love.

If no one in the family has time to go into the kitchen and prepare food, you need to sit down and rethink how you are spending your time because there is simply no other way to get nourishing foods into our children.

# REGIONAL FINANCIAL REPORT

JOHN C. RAS, SFO, REGIONAL TREASURER  
OUR LADY OF THE ANGELS REGIONAL FRATERNITY



The following is the first financial report for the year 2008 from the Regional Treasurer detailing the *Per Capita/Fair Share* received from each local fraternity for the year 2007, and received so far for the year 2008.

While the primary audience of this report are the Fraternity Minister and other members of the Fraternity Council for each Fraternity, all the members of each fraternity, especially those who are already professed, should also take great interest in this. Special note should be made of the fraternities that did not remit their fair share for the year 2007.

There are quite a few fraternities who have failed from year to year to contribute to the region's *Per Capita* fund as required in Paragraph 25 of the *Rule*, which states, "Local fraternities should contribute toward the expenses of the higher fraternity councils."

Also, Paragraph 3, Article 30 of Chapter III of the *General Constitutions* states, "...The brothers and sisters ought to provide the means necessary for supporting the activities and the operations of the fraternities at higher levels, both by their financial assistance and by their contributions in other areas as well."

And last, but not least, the Guidelines for Deactivating an Established Fraternity, in the *Handbook for Spiritual Assistance* states in Paragraph 2: "A Canonically established fraternity can be deactivated for any one or more of the following reasons." This is followed by a list of seven reasons numbered from 2.1 to 2.7. The item numbered 2.4 states as follows: It no longer contributes to the common fund or supports the higher level of fraternity (SFO Rule 25, SFO Gen. Cons. 30.3)."

It is thus, imperative, that all the members of each fraternity should be greatly interested that their respective fraternities do not fail to support the regional fraternity with their yearly fair share contribution. A deactivated fraternity can no longer function and will not be allowed to function as a fraternity. The professed members, those who wish to, will be assisted in transferring to another functioning fraternity.

## OUR LADY OF THE ANGELS REGIONAL FRATERNITY Per Capita Collections for the Years' 2007 and 2008 As of 2/11/2008

ID #	FRATERNITY NAME	2007	2008	ID #	FRATERNITY NAME	2007	2008
101	Saint Anne's, Fair Lawn	0.00	0.00	112	Holy Name, Little Falls	425. <sup>00</sup>	0.00
102	Assumption, Wood-Ridge	475. <sup>00</sup>	0.00	113	St. Peter's, New Brunswick	0.00	370. <sup>00</sup> *
103	St. Benedict the Moor, NYC	675. <sup>00</sup>	650. <sup>00</sup>	* Includes \$70. <sup>00</sup> per capita for 2007			
104	St. Elizabeth, Paterson	125. <sup>00</sup>	0.00	114	St. Stephen of Hungary, NYC	0.00	0.00
105	St. Francis of Assisi, Jersey City	545. <sup>00</sup>	0.00	115	St. Thomas More, NYC	650. <sup>00</sup>	0.00
106	St. Francis, Hoboken	100. <sup>00</sup>	200. <sup>00</sup>	117	La Verna, NYC	100. <sup>00</sup>	100. <sup>00</sup>
108	St. Francis of Assisi, Monroe	325. <sup>00</sup>	0.00	118	Cortesia, Lincroft	300. <sup>00</sup>	300. <sup>00</sup>
109	St. Francis Gospel, Pompton Plains	175. <sup>00</sup>	0.00	119	Korean Martyrs, NYC	2225. <sup>00</sup>	150. <sup>00</sup> *
110	St. John Vianney, Paterson	1195. <sup>00</sup>	0.00	* Includes \$150. <sup>00</sup> per capita for 2007			
				120	St. Mary of the Angels, NYC	375. <sup>00</sup>	350. <sup>00</sup>

**OUR LADY OF THE ANGELS REGIONAL FRATERNITY**  
Per Capita Collections for  
the Years' 2007 and 2008  
as of 2/11/2008

ID	# FRATERNITY NAME	2007	2008
121	St. Mary of the Assumption Pompton Lakes	225.00	0.00
122	St. Louis, Staten Island	675.00	0.00
123	St. Elizabeth, Staten Island	1125.00	0.00
125	St. Louis, Fort Lee	700.00	0.00
128	St. Stephen's, Perth Amboy	400.00	0.00
129	Most Sacred Heart of Jesus Wallington	0.00	0.00
132	St. Anthony of Padua, NYC * Includes \$150.00 per capita for 2007	0.00	300.00 *
133	Little Portion, Hastings-on-Hudson	550.00	0.00
135	St. John Vianney, Colonia	0.00	0.00
136	Porziuncula, East Hanover	225.00	0.00
137	St. Francis, Hackensack	850.00	0.00
138	St. Conrad, Hoboken	275.00	0.00
139	San Damiano, Sussex	500.00	0.00
143	St. Anthony of Padua, Scotch Plains	420.00	0.00
144	St. Paschal of Baylon, Passaic	275.00	0.00
146	Sacred Heart, Yonkers	1075.00	0.00
147	St. Francis, Yonkers	425.00	0.00
150	Our Lady of Mt. Carmel, Yonkers	0.00	0.00
151	St. John's, NYC	2025.00	0.00
152	Saints Elizabeth and Louis, NYC	1250.00	0.00
153	Immaculate Heart of Mary, NYC * Per capita for 2005, 2006, 2007	2320.00 *	0.00
154	St. Elizabeth of Hungary, Perth Amboy	150.00	0.00
161	Saint Anthony, Butler	375.00	0.00
163	Immaculada Concepcion, NYC	0.00	0.00
164	Mother of God, NYC * Per capita for 2006	180.00 *	0.00
165	St. Paschal of Baylon (EM), NYC	0.00	0.00
166	Divine Mercy, NYC	300.00	0.00
167	Mother Seton (EM), NYC	0.00	0.00
168	Servants of God (EM), Bronx	425.00	0.00

<b>TOTAL:</b>	<b>22,435.00</b>	<b>2,420.00</b>
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**REGIONAL CHAPTER OF MINISTERS**

The November 10, 2007, Regional Chapter of Ministers agenda was our National Visitation. After attendance and approval of the minutes of the 2006 Chapter of Ministers, reports were given by each of the regional officers. Then we heard from Patrick Mendes, SFO, National Minister, and Fr. Kevin Queally, TOR, President National Council of Spiritual Assistants who shared important information with the group. Great discussions followed. Here are some of the highlights:

**THE APOSTOLIC COMMISSIONS OF  
PEACE AND JUSTICE, ECOLOGY, FAMILY, & WORK—**

Have ceased from their existing structure. In their place, a Justice, Peace, and Integrity of Creation Commission (*JPIC*) has been formed. The intention of the *JPIC* is to renew the vision of who we are called to be, and our obligation to live the Holy Rule in its' entirety, not just parts of it. *JPIC* team members will serve as resources to all SFO's in the United States. The members will be appointed by the National Council. Former mission and vision statements will be rewritten into one statement giving a deeper understanding of our apostolic life. There will be one website.

**FRANCISCAN ACTION NETWORK—**

At NAFRA's October 2007 meeting, it was voted that the Secular Franciscan Order join the newly formed *Franciscan Action Network*. The group will advocate for Franciscan and Catholic values in a broad range of government programs and legislative issues in a united stand of the entire Franciscan family—Friars, Sisters and Seculars. (SEE PAGE 10 IN THIS ISSUE FOR MORE INFORMATION)

**NAFRA AMENDMENT OF 2006**

**TO THE NATIONAL STATUES—Article 18, #13:**

Affiliation with a local fraternity. This concerned those who want to participate in the life and activities of a fraternity, without joining the SFO. This article is on hold for the time being, while its interpretation is clarified.

**BLANK LIABILITY INSURANCE—**

Some fraternities hold meetings at a locale which is not its normal parish, which necessitates payment of costly liability insurance. NAFRA has now obtained liability insurance to cover this.





### COMMITMENT—

Being a Franciscan needs to be a priority in our life.

It was disappointing that 10 Ministers (or a representative) were not present at our yearly Chapter. We missed you! Where were you? Plenty of advance notice for the meeting was given. It is not accusatory, but a caring inquiry as to why you (or a representative) were not present.

### EDUCATION—

Those interested in learning more about Catholic Franciscan values may enroll at any time in the Institute for Contemporary Franciscan Life (ICFL) at St Francis University. The courses facilitate independent adult learning through correspondence study and distance learning. Courses were designed for members of the SFO in response to their educational, spiritual, and ongoing formation needs, the Institute originated to help Secular Franciscans learn more about their unique identity in the contemporary world.

(SEE RIGHT COLUMN FOR MORE INFORMATION)

### FAIR SHARE CONTRIBUTION—

The local fraternity fair share helps the Region pay expenses which include the Regional Per Capita, which helps the Nationals, which helps the International fraternities. Our Per Capita per member is the lowest of the region. Some Regions pay \$50-65.00 per year. We are all responsible for the fair share and must make it a priority.

(SEE PAGE 7 IN THIS ISSUE FOR MORE INFORMATION)

### COMMUNICATION—

Our region communications have been greatly improved so that they now include communication via e-mails to at least one local fraternity contact, a regional yahoo group, and a regional website; in addition to the regional newsletter and quarterly mailings to the Ministers.

### SPIRITUAL ASSISTANTS—

All Spiritual Assistants must be cleared with the Regional and Provincial Assistant before approval can be received. We must all have an active part in recommending someone, but that person must be suitable and well prepared. We cannot appoint someone just because they are willing to do it.

### CIOFS—

Website: [www.ciofs.org/en.htm](http://www.ciofs.org/en.htm)



What happens in other countries should also be communicated to all fraternities. We are all brothers and sisters. We are connected to a larger group, we are part of them, and they are part of us.

### FELLOWSHIP AND SOCIALIZING—

Yearly Chapters offer all the members of our region an opportunity to gather together for prayer, for communication, for sharing, for work, and for fraternizing and socializing. It's the one meeting that should not be missed, and we must all make it a priority.

Recognizing that Franciscan formation is a life-long process, the *Institute for Contemporary Franciscan Life* offers a program of study which seeks to deepen the knowledge of Secular Franciscans in the areas of Franciscan sources and life.

The *Institute* provides a framework in which the heritage of Francis of Assisi and the Secular Franciscan Order under the Rule of 1978 can be studied. The program utilizes distance education initiatives and methodology to provide the learner with an individualized, self-paced program of study. It is designed to provide a context in which to integrate Catholic Franciscan tradition, contemporary culture, and Franciscan commitment into one's life.

These self-paced, non-credit courses are open to anyone interested in learning more about Catholic Franciscan values and their influence on contemporary society. One may enroll at any time, and a full year is given to complete a course. Courses earn "*Institute Units*," (IUs) toward a post-baccalaureate *Certificate in Contemporary Franciscan Life*, which requires the completion of 15 IUs.

Saint Francis University, in collaboration with NAFRA developed this program as a convenient way to learn more about the richness of the Franciscan heritage. Like the early tertiaries who could not abandon their secular obligations, the *ICFL* offers a way to follow St. Francis in spirit and ministry, without having to neglect important responsibilities to family and work.

The *Institute* serves as a model for collaboration among members of the Secular Franciscan Order, the *Institute* itself, and the sponsoring higher education institution, Saint Francis University in Loretto, Pennsylvania.

To access a brochure and printable registration form, go to: <http://francis.edu/uploadedFiles/ICFL/ICFL%20brochure%207-07.pdf>



### CONTACT INFORMATION:

INSTITUTE FOR CONTEMPORARY FRANCISCAN LIFE  
Saint Francis University

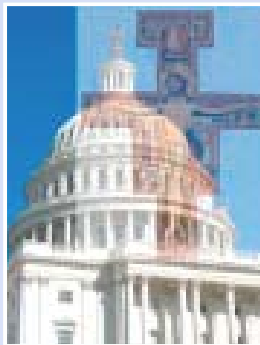
P.O. Box 600

Loretto, PA 15940-0600

Phone: (814) 472-3219

Website: <http://francis.edu/ICFLHome.htm>





## WHAT IS THE FRANCISCAN ACTION NETWORK?

Inspired by the lives of St. Francis and St. Clare of Assisi and the long heritage of men and women who follow in their footsteps as present day disciples of Jesus Christ, the Franciscan Action Network was designed to bring a coordinated and effective voice to matters of Justice, Peace and Care for Creation in our world.

The particular focus of the Franciscan Action Network's advocacy is the U.S. Government and related Washington, DC, based institutions (e.g., World Bank, International Monetary Fund, Organization of American States, etc).

## WHO IS THE FRANCISCAN ACTION NETWORK?

At present, the Franciscan Action Network is made up of recognized Franciscan entities (with clearly elected leadership) based in the U.S. that chose to be associated with the efforts. These entities are both Catholic and Ecumenical, representing the broad reach of the Franciscan message.

## HOW DOES THE FRANCISCAN ACTION NETWORK FUNCTION?

The Franciscan Action Network is composed of three interrelated parts, each inspiring and supporting the other in a relational Franciscan style:

## MEMBERS OF THE FAN:

The backbone of the Network is the friars, sisters, secular Franciscans, ecumenical Franciscans and the men and women with whom they minister. At present, membership in the FAN is attained through the leadership entity being a part of it. The members of FAN will seek to animate the grassroots of their ministries and places of service to be advocates of transformation. At the same time, by nature of the relationships of service to persons who are poor or marginalized, the members have a unique and privileged perspective to share in articulating the change we seek.

## ACTION COMMISSION:

This Commission is comprised of a representative body of the FAN membership entities. The Commission serves as a recognized group of leaders who will work to help the larger FAN formulate and focus the issues of advocacy for transformation, as well as to enhance the communication conduits of the Network.

## ACTION CENTER:

The Action Center is based in Washington, DC, with staff trained and dedicated to help the FAN achieve its goals of social transformation. The staff of the Center will monitor and advise the course of the strategic decisions of the Network to attain maximum effectiveness. This will necessitate having a Washington, DC presence, but even more importantly, working with the members and the Action Commission of the FAN to help them develop the skills for greater impact in public advocacy.

WEBSITE: [www.franciscanaction.org](http://www.franciscanaction.org)



LAWRENCE P. WARD, SFO  
Assumption Fraternity  
Wood-Ridge, NJ

# The Origin of the Peace Prayer

THE PEACE PRAYER first appeared in France in 1912, in a small magazine called *Le Clochette* (The Little Bell). It was published in Paris by a Catholic association known as the Holy Mass League. The prayer was called: "A Beautiful Prayer to Say During Mass" and was published anonymously.

Lord make me an instrument of Your  
peace.  
Where there is hatred, let me sow  
love;  
Where there is injury,  
pardon;  
Where there is doubt,  
faith;  
Where there is despair,  
hope;  
Where there is darkness,  
light;  
and where there is sadness,  
joy.

The prayer was sent in French to Pope Benedict XV by a French noble man. This was soon followed in Italian in 1916, in *Osservatore Romano*, the Vatican's newspaper. In 1920, the prayer was printed by a French Franciscan Friar on the back of an image of St. Francis with the title, "Prayer for Peace." It was not attributed to St. Francis. Between the two World Wars the prayer circulated in Europe by a group called, "The Knight of the Prince of Peace."

It first appeared in English in 1936 in a book titled, "Living Courageously" by Kirby Page. The author attributes the prayer to St. Francis.

Francis Cardinal Spellman, Archbishop of New York, seemed to have special devotion to the prayer and he had it given to those who attended his Installation as Archbishop. In 1965, when Pope Paul VI visited the United Nations, the Cardinal had it sung at the Papal Mass in Yankee Stadium.

The question comes up, How did St. Francis come to be connected with this prayer? Taking the invocations in the prayer, it's easy to see St. Francis saying them, they are so Franciscan that you'll attribute the words to St. Francis if you are familiar with the saints' writings.

## THE CLOAK OF ST. FRANCIS

PROF. PLINIO CORRÊA DE OLIVEIRA

The fame of the virtues of St. Elizabeth reached Italy where St. Francis of Assisi had founded his Order. He came to know about the support and protection the young Duchess of Thuringia had given the Franciscans in Germany and her great love for poverty. Cardinal Ugolini, the future Pope Gregory IX, often spoke of her to Francis.

One day in the year 1222, the Cardinal asked St. Francis for a gift for her as a symbol of his recognition. As he made his request, he took the worn cape off St. Francis' shoulders and recommended that he send it to her. "Since she is filled with your spirit of poverty," said the Cardinal, "I would like for you to give her your mantle." St. Francis obeyed and sent his mantle to St. Elizabeth, whom he considered a spiritual daughter.

She always kept it with her, and wore it to be more pleasing to God while praying whenever she desired to obtain a special spiritual grace. She had the certainty that the mantle St. Francis had worn was a symbol of his alliance with her, a symbol of the union of the two souls, and, therefore, a symbol that would draw from God the same graces that St. Francis attracted.

Later, after she had lost everything, she still conserved the precious mantle of her spiritual father until her death.



### THE GREATEST OF THESE IS LOVE

St. Elizabeth of Hungary (1207-1231) has long been recognized as one of the glories of the Franciscan family, celebrated for her holiness, her Franciscan spirit of poverty and her work with the poor, both as a wife and mother and later as a religious. But the true details of her life remain little known.

An hour-long documentary is being produced, tentatively titled, *A Woman for Our Time: St. Elizabeth of Hungary*, which chronicles the celebration of the eighth centenary of Elizabeth's birth, while also telling the story of her life through art works, historical re-enactments, narration and interviews with historians and Franciscans. It will include comments and reminiscences of those who love Elizabeth and follow her Franciscan way of life and charitable example today, demonstrating that she is still a woman for our time.

Interviews with historians and Franciscan leaders and other events were taped on high definition video (HDV) in Rome in February 2007 at the convent of the Suore Francescane Angeline, the Antonianum (Franciscan University), and the Basilica of Sts. Cosmas and Damian, the headquarters of the Third Order Regular. The celebration of Elizabeth's centenary in Assisi on November 16-17, 2007 has also been taped. It is hoped to have other interviews and historical re-enactments shot in New York.

This film will be an inspiration to Secular Franciscans; Elizabeth's life as a laywoman, wife and mother is one that we can readily identify with.

The documentary will be distributed on DVD by Tau Cross Books and Media, accompanied by a study guide on Elizabeth's life.

To view a short trailer on the documentary being produced go to:

[www.stelizabethdocumentary.com](http://www.stelizabethdocumentary.com)

For more information contact:  
Lori Pieper, Tau Cross Books Media  
30 W. 190<sup>TH</sup> Street • Apt. 6N  
Bronx, NY 10468 • (646) 938-0432  
editor@taucrossbooks.com





# CENTENARY TRIBUTES

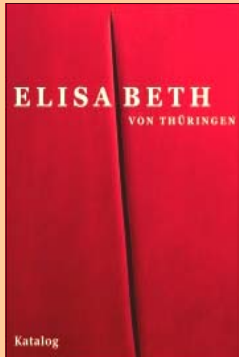


Elizabeth Triptych c. 1480

THE FIRST YEAR OF THE VIII CENTENARY of the birth of the Holy Patroness of the Secular Franciscan Order and Third Order Regular (1207-2007) concluded with a solemn Eucharist presided by Msgr. Domenico Sorrentino, Bishop of Assisi-Nocera Umbria-Gualdo Tadino this past November 17<sup>TH</sup>.

The Franciscan Ministers General concelebrated with him. The National Council and the CIOFS, which had concluded a week of work under the guidance of the Minister General, Encarnaciòn del Pozo, in Assisi, were also present at the celebration.

Great work was done during the first year of the VIII Centenary to bring about a recognition of the spirituality of St. Elizabeth. A very interesting exhibition entitled "Elizabeth of Thuringia – a European saint" was prepared in the castle of Wartburg in Thuringia (Germany), where St. Elizabeth lived. A catalogue of 624 pages and a book with the Acts of the presentations by various experts was also prepared.



### OTHER OBSERVANCES INCLUDE:

#### THE VATICAN POST-OFFICE ISSUED A SPECIAL STAMP TO COMMEMORATE THE VIII CENTENARY OF THE PATRONESS OF THE SFO AND TOR.

By the initiative of the Italian Secular Franciscan Order, the Vatican City Post-office honored the 800<sup>TH</sup> anniversary of the birth of St. Elizabeth of Hungary and Turingia with the issuing of an extraordinary stamp value € 0,65 with an edition of 300,000 sheets. The issuing date was November 20, 2007, and for this occasion the Vatican Postal Office also created a postal seal "die emissionis" to celebrate the event.



The stamp shows a stained-glass window of the magnificent Gothic church of St. Elizabeth in Marburg (Germany), built in 1235.

All of us in the great family of the SFO must be very proud and honored for this kindness from the Vatican. Philatelic people have welcomed this extraordinary event with joy and interest, giving much attention to "our stamp". The Italian SFO has prepared a limited number of envelopes containing 10 stamps plus one stamped on the issuing date. It has also prepared a card reproducing the Marburgo window glass, and in back we can see the stamp sealed by the Vatican Postal Office on the issuing date. To receive the envelope or the card you may write to: [enzo.terranova@fastwebnet.it](mailto:enzo.terranova@fastwebnet.it)



#### GERMANY ISSUED A SPECIAL 55¢ STAMP AND €10 COIN COMMEMORATING THE 800<sup>TH</sup> ANNIVERSARY OF THE BIRTH OF ELIZABETH OF THURINGIA.



The coin has an edition of 1.6 million pieces in silver.

Federal Department of Finance and churches issued a special 55-Cent-Briefmarke stamp and ten-euro coin. They were presented on October 29, 2007, at the Church of St. Elizabeth in Marburg.

The special stamp shows Elizabeth with a patient, who is characterized as Christ. The original painting may be seen in the Wallraf Richartz museum in Cologne, painted approximately in the year 1390.

The stamp has an edition of 9.8 million pieces.



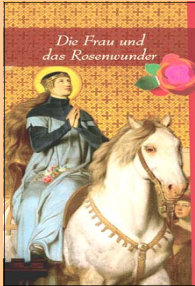


# S. ELIZABETH OF HUNGARY



## 2007 COMMEMORATIVE MEDALLION, STAMP AND SOUVENIR CARD.

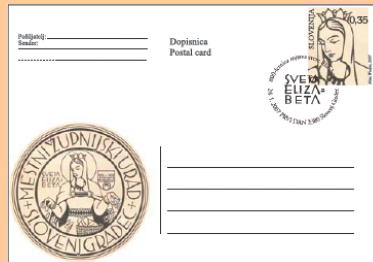
The Erfurt Coin Friends Association (Erfurter Münzfreunde e.v.) issued a commemorative medallion to celebrate the 800<sup>th</sup> birthday of Saint Elizabeth. The front side of the medallion shows Elizabeth of Thuringia as she is portrayed in Peter Janssen's wall painting that shows the saint is praying as she sits on a horse with roses in her lap. The backside of the medallion shows the Erfurt City Hall.



The special stamp is from Volker Barczyk and the souvenir card from the Erfurt German Post Stamp Association which are also dedicated to the anniversary of Saint Elizabeth.



HUNGARY ISSUED A SPECIAL 5000 FORINT COMMEMORATIVE GOLD COIN.



SLOVENIA ISSUED A COMMEMORATIVE STAMP AND SOUVENIR CARD, JANUARY 24, 2007

## 2007 COMMEMORATIVE MEDAL

[HTTP://WWW.CIOFS.ORG/EN.HTM](http://www.ciofs.org/en.htm)



The Italian Secular Franciscan Order has cast, in the occasion of the VIII centenary of the birth of Saint Elizabeth of Hungary and Turingia (1207-2007), patron of the Secular Franciscan Order and of the Third Order regular (TOR), a medal conveying the message of the Saint's rebirth to penitence evangelical conversion.



The front of the medal shows a scene from a retable of the golden bronze reliquary of Marburg (created around 1240), with Elizabeth, wearing the Franciscan cord, bending toward the needs of the poorest of the poor.

The other side of the medal reproduces a royal crown and a crown of thorns.

Elizabeth had the right to wear a royal crown, as princess and daughter of a king. This nobility of blood has been even more honored by her acceptance of the crown of thorns of Jesus Christ, in her compassion for the poor crucified of all times and in her Franciscan poverty.

The medal is cast in golden bronze from a model supposedly sculpted by the hand of the Italian artist Cima and has a diameter of 51 mm. It is also available in 32 mm format in silver mounted in an original keychain.

Medal price is 18 Euros and keychain is 15 Euros, plus handling and mailing fee.



To order the medal and/or key chain e-mail Enzo Terranova at: [enzo.terranova@fastwebnet.it](mailto:enzo.terranova@fastwebnet.it)





# 14 Reflection and Formation Program

From our International SFO Sister Fraternity—CIOFS

Website: <http://www.ciofs.org/en.htm>



November 2008, began the second year of the program of reflection and formation on the life of St. Elizabeth of Hungary. The outline for this second cycle follows *The Spiritual Aspect*, and as last year, is divided into 12 brief themes followed by a spiritual reflection. The outline themes are:

- Family—Tradition, history, source
- Youth and Formation—Giving things up for God, this Home and the Heavenly one
- Marriage—The Spirituality of Marriage as a Secular State of Life
- Parenting—Children are presents of God, whom we have for a certain period of time
- Vital reciprocal union—Meeting Franciscan Family, the Church. Spiritual direction
- Conscience, justice issues—Peace and Justice
- Encounter with the poor—Seeing Christ in the poor
- Dealing with loss—The loneliness, losing the beloved
- Dealing with the change—Profound changes in life
- Penitential and prayer life—Penance. How can Seculars be contemplative
- Works of mercy, outreach—How do we practice our service
- Death and dying—Weakness of our bodies; how we deal with sickness.

During our two-year-celebration of the 800<sup>th</sup> Anniversary of the Birth of St. Elizabeth of Hungary, all SFO's are encouraged to take part in this educational and inspirational program. It is a wonderful program for individuals as well as an excellent agenda topic for fraternity meetings.

As always, for those with no access to a computer, write me and I will be happy to print out the materials for you. —APG, Editor

## ST. ELIZABETH OF HUNGARY SLIDESHOW

An informative slideshow on St. Elizabeth is located on the website of St. Elizabeth of Hungary Roman Catholic Church in Melville, NY. It is narrated by Fr. Frank Schneider, Pastor, produced in celebration of the 800<sup>th</sup> Anniversary of St. Elizabeth of Hungary

The slideshow is 9 minutes long and takes about 20 seconds to load with cable modem access)

[http://www.stelizabeth.org/news\\_detail.php?news\\_ID=279](http://www.stelizabeth.org/news_detail.php?news_ID=279)



**E**IGHTH CENTENARY  
OF THE BIRTH OF  
ELIZABETH OF HUNGARY  
1207–2007

## INTERNATIONAL CHAPTER IN HUNGARY

The Twelfth General Chapter and Fifth Elective Chapter of the Secular Franciscan Order will take place November 15–22, 2008, and will be celebrated in Hungary.

It will bring to a close two years of celebrations commemorating the Eighth Centenary of the birth of St. Elizabeth of Hungary.

This was announced to the entire Order by the General Minister, Encarnación del Pozo.

PROVISIONALLY, THE THEME OF THE CHAPTER WILL BE:

**“The Profession of Secular Franciscans  
and their sense of Belonging.”**

# RISE OF PROFESSION

With Franciscan Joy, St. Anthony' Fraternity, Butler, NJ, announces the Profession of:

**ROSEANNE DEPAOLA, SFO**  
**EDWARD CLARK, SFO**  
on October 11, 2007.

With Franciscan Joy, St. John Vianney Fraternity, Paterson, NJ, announces the Profession of:

**ANN VADAKKAKARA, SFO**  
**MARY ANN TIERNO, SFO**  
**MAGDI NACHEF, SFO**  
**JOSEPH A. MASSOOD, SFO, Esq.**

whose Profession was celebrated October 12, 2007.

St. John's Fraternity, New York City, NY, is pleased to announce the:

## PROFESSION

OF

**NARCISA CHUA, SFO**  
**ANITA MARKS, SFO**  
**EILEEN O'NEIL, SFO**

whose Profession into the Order was celebrated November, 2007.

AND

## CANDIDACY

OF

**VICTORIA VINUYA**  
**CONNIE OGATIS**  
**LILIA VILLANUEVA**

**CONGRATULATIONS TO ALL OUR NEWLY  
PROFESSED BROTHERS AND SISTERS  
IN ST. FRANCIS.**

# APPOINTMENTS



*Franciscans International's* Board of Directors announced the appointment of Sr. Denise Boyle, FMDM, as the organization's new Executive Director. Sr. Denise will assume her role on March 1st, 2008.

Sr. Denise is an Irish Franciscan religious sister and human rights advocate, who brings with her 30 years of experience in education, social justice, and development.

Through her human rights advocacy, Sr. Denise has exemplified Franciscan values of peace building, justice, care for creation, and service to the poor. Her commitment to the vision and mission of Franciscans International is evidenced by her service on the organization's International Board of Directors. She was the President of the Board from 2003 to 2006, and has most recently been fulfilling the role of Vice President.

As *Franciscans International's* Executive Director, Sr. Denise will serve the global Franciscan Family in its work for a more just and compassionate world. She will lead Franciscans International's advocacy, animation and fundraising efforts at the offices in Bangkok, Geneva and New York.

# INVESTITURE

**CARLA DEL PRIORE**, from Colonia, New Jersey, was received as a Candidate to the Felician Sisters of the Lodi Province at a Prayer Service in the Novitiate Community Room on Sunday, December 2, 2007.

Following the service, Carla joined the community for Evening Prayer and Dinner.

Carla is Secretary to the St. John Vianney Fraternity in Colonia, NJ.

## CONGRATULATIONS, Sister Carla!



L-to-R: Sr. Maryann Agnes, Dir. of Candidates, Sr. Juanita, Dir. of Formation, Carla Del Priore, Candidate, Sr. Judith Marie, Dir. of Vocation Ministry and Sr. Mary Aquinas Szott, Provincial Minister.



At the Manhattan Cluster meeting of January 12, 2008, **JOSEPH PASQUENZA, SFO**, announced his withdrawal from St. Thomas More Fraternity where he has been a Secular Franciscan for 21 years, and a Formation Director for 15 years.

Joseph shared how the Holy Spirit has directed his path to become a Penitent Brother of St. Francis. He will receive his habit on January 26, 2008, in a private ceremony held in Wappingers Falls.

## CONGRATULATIONS, Brother Joseph!

# SUFFERING<sup>16</sup>

JOSEPH PASQUENZA, SFO  
ST. THOMAS MORE FRATERNITY  
NEW YORK CITY, NY

Suffering is a fact and part of life that most of us would care to avoid since it connotes something dangerous to our lives. In our minds the very word “suffering,” which is used in our daily vocabulary, should be totally eradicated. It conjures up fear and trepidation and literally frightens us to the point of depression.

The calamitous appearance of this dreaded “part of life” comes in many areas of our existence. Mostly, we think about it in relationship to a long incapacitating sickness or ill health leading to a terminal diagnosis. But the loss of a loved one, or loss of a job, or the end of a marriage, or the problems of a dysfunctional family, or grief of any kind, or distress — the list is endless and infinite — due to the effects of suffering.

*“There are those who want to live a good life and have already decided to do so, but are not capable of bearing sufferings” St. Augustine.*

There is no denying that many times we try to adjust to the symptoms of suffering, and then out of the blue comes that dismal reaction again, and we fall deeper into the bottom of the pit. The battle seems to be lost.

Then at some point, after many days or weeks of gloom, we come to our senses and gain some confidence. We try once again to climb out of the imbedded annoying thoughts that never seem to go away and probe the possibility of obtaining healing or a positive cure.

Sufferance is the power or capacity to endure or tolerate pain or injury. So how do we control our feelings and attitudes toward this dilemma when we are confronted with suffering?

How do we undertake this situation since it depletes our energy and affects our very livelihood?

We may accomplish this by seeking assistance from concerned family members, obtain opinions and advice from medical or psychological personnel; self-help groups, priests, rabbis and ministers who work in the field of counseling.

The world we live in often seems far from the one promised us by faith. Our experience of suffering appears to contradict the Gospel — it can shake our faith! The answer lies in our ability to rely heavily on our beliefs to maintain strength and hope for acceptance and alleviation.

The Catechism of the Catholic Church states that “suffering is a consequence of original sin and acquires a new meaning; it becomes a participation in the saving work of Jesus,” and in this sharing we become its partners. Although suffering may not be considered a malady, it certainly causes silent and troubling pain giving way to depression. The salving oil and prayers of the Church can help to lighten or relieve the stress and uncomfortableness of suffering.

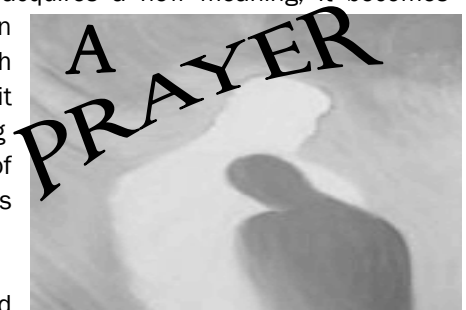
“By the sacred anointing of the sick and the prayer of the priests, the whole Church commends those who are ill to the SUFFERING and glorified Lord, that He may raise them up and save them. And indeed she exhorts them to contribute to the good of the People of God by freely uniting themselves to the Passion and death of Christ.”  
*Sacrament of Anointing of the Sick*

“IS ANYONE AMONG YOU SUFFERING?  
He should keep on praying about it.

AND THOSE WHO HAVE REASON TO BE THANKFUL  
should continually be singing praises to the Lord.

IS ANYONE SICK?  
He should call for the elders of the Church and they should pray over him and pour oil upon him calling on the Lord to heal him.” *St. James - 5:13-14*

In looking at the Cross of Christ we are constantly being reminded that the Son of God endured all for our sake. His emotional, physical, spiritual and mental faculties were tested to the limits of forbearance and He acceded to the full and unimaginable suffering ever perpetrated by man. Then, should we not also become part of this drama?



## IN TIME OF NEED

Almighty God, the Father of mercies and God of all comfort, come to my help and deliver me from this difficulty that besets me.

I believe, Lord, that all trials of life are under your care and that all things work for the good of those who love You.

Take away from me fear, anxiety and distress. Help me to face and endure my difficulty with faith, courage and wisdom.

Grant that this trial may bring me closer to You, for You are my rock and refuge, my comfort and hope, my delight and joy.

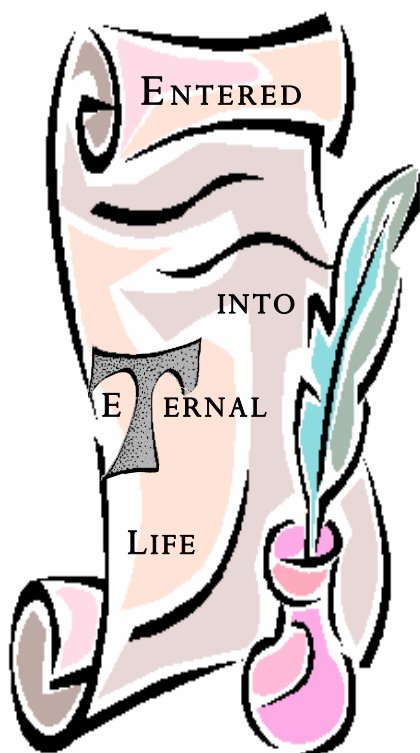
I trust in Your love and compassion. Blessed is Your name, Father, Son and Holy Spirit, now and forever.

AMEN



**L**ET US PRAY FOR ALL OUR DEPARTED SISTERS AND BROTHERS IN CHRIST AND ST. FRANCIS.

May all of our brothers and sisters who sleep in the Lord find eternal happiness and peace.



*MAY  
THE  
SOULS  
OF THE  
FAITHFUL  
DEPARTED,  
THROUGH  
THE MERCY  
OF GOD, REST  
IN  
PEACE.  
AMEN.*

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St. Anthony of Padua Fraternity  
New York City, NY

† **CARMINE DEGENNARO, SFO**  
passed away February 27, 2008

Carmine was an SFO for 23 years.  
His is survived by his wife, Dorothy, also  
in our fraternity, a Secular Franciscan  
who recently celebrated her 45<sup>TH</sup>  
profession anniversary.

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St. John Vianney Fraternity  
Paterson, NJ

† **MARY GIANNINI, SFO**  
passed away February 13, 2007

Mary was an SFO for 53 years, and served  
as Mistress of Novices for several years.

† **JOSEPH C. LEHOCKY, SFO**  
passed away September 17, 2007

Joseph was an SFO for 8 years and served  
as Formation Director for 7 years.  
His wife of 26 years, Carmela, is Secretary  
in the Fraternity.

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St. Anthony of Padua Fraternity  
Scotch Plains, NJ

† **TERESINA L. SIDUN, SFO**  
passed away October 3, 2007  
PROFESSION DATE: August 28, 1967




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St. Francis Fraternity, Hackensack, NJ

† **ELVIRA IANNUCCI, SFO**  
passed away November 4, 2007

Vera was a faithful fraternity member since her profession in  
1987. Before becoming permanently excused, she served as the  
Secretary of our fraternity. Vera was also a choir member at  
St. Francis parish as well as one of the Chairs of our Prayer Network.  
She was very appreciative of all the prayers offered for her during  
her long illness.

† **FAY SANZARI, SFO**  
passed away December 6, 2007

Professed in 1962, Fay was one of the original members  
of the English Branch of our fraternity and celebrated her  
45<sup>TH</sup> anniversary of profession this year.

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† **SR. CONCEPTA D'AMATO OSF**  
passed away November 8, 2007

The Porziuncula Fraternity at St. Rose of Lima's Parish in  
East Hanover, NJ, sadly reports the death of one of its' Spiritual  
Assistants, Sr. Concepta, in Mount St. Francis, Ringwood, NJ.

We know Sr. Connie has gone on to a better life in the heavenly  
paradise promised by God, but we will miss her guidance and her  
joyful presence.

Sr. Connie was born in Jersey City, NJ, on July 15, 1927. She lived  
to celebrate her 80<sup>TH</sup> birthday with family and friends.

She entered the Franciscan Sisters at Ringwood in 1951. She had  
been a nun for 56 years. While at St. Rose she served as Chaplain of  
the police and fire departments of East Hanover.

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St. Anthony of Padua Fraternity  
Butler, NJ



† **SUZANNE MULLIGAN, SFO**  
passed away January 19, 2008

She is survived by her devoted husband,  
Edward Mulligan of 59 loving years, two  
daughters, two sons, 10 cherished  
grandchildren and 2 great-grandchildren.

# RISE OF ELECTIONS

## ST. FRANCIS OF ASSISI FRATERNITY, RINGWOOD, NJ

CHAPTER OF ELECTIONS HELD  
Sunday, November 18, 2007

THE NEW COUNCIL (*Pictured immediately right*) is:

*Back l-to-r:*

Madeline Hurley, SFO, Formation Director  
Dan Sollecito, SFO, Secretary  
Rev. Lawrence Burke, OFM, Spiritual Assistant  
Bill Hurley, SFO, Treasurer  
Lydia Church, SFO, Councilor

*Front l-to-r:* Connie Kohn, SFO, Vice Minister

Nancy Ihnat, SFO, Minister  
Paul Stolz, SFO, Councilor

PRESIDERS: Maddie Romaine, SFO and  
Diane Menditto, SFO



**CONGRATULATIONS TO ALL OUR  
NEWLY ELECTED COUNCIL OFFICERS.**

Let us pray that each may be  
led by the Holy Spirit in their  
leadership roles in the  
Secular Franciscan Order.

—APG, Editor

## KOREAN MARTYRS FRATERNITY NEW YORK, NY

CHAPTER OF ELECTIONS HELD  
Sunday, February 3, 2008

THE NEW COUNCIL IS:

Minister:

Kyum Kyu (Matilda) Hwang, SFO

Vice Minister:

Yoon Hee (Jane) Kim, SFO

Secretary:

Hwa Ja (Lidia) Moon, SFO

Treasurer:

Amy (Elizabeth) Won, SFO

Formation Director:

Yoon Kyung (Michelle) Kim, SFO

PRESIDERS:

Julia McCants, SFO

Larry L. Meyers, SFO

Margaret Ann "Peggy" Ledger, SFO

FRIAR WITNESS:

Fr. Pio Kim, OFM

St. Francis of Assisi Church



ST. BENEDICT THE MOOR' NEW COUNCIL (*l-to-r*): Patricia Clayton, Paul Beelitz,  
Virginia Chin, Nancy Conroy, Fr. Robert Gavin, OFM, Nancy Burroughs-Evans.

## ST. BENEDICT THE MOOR FRATERNITY, NEW YORK CITY, NY

CHAPTER OF ELECTIONS HELD  
Monday, March 3, 2008

THE NEW COUNCIL IS:

Minister: Virginia Chin, SFO

Vice Minister: Nancy Burroughs-Evans, SFO

Secretary: Patricia Clayton, SFO

Treasurer: Paul Beelitz, SFO

Formation Director: Nancy Conroy, SFO

Spiritual Assistant: Fr. Robert Gavin, OFM

PRESIDERS: Julia McCants, SFO and Larry L. Meyers, SFO



# HUNGERING FOR GOD

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MY GRANDFATHER HAD A WAY WITH FOOD. He could be seen reading *Gourmet* magazine studiously. His *New York Times Cookbook* was dog-eared from the recipes he wanted my grandmother to try. “Hey, doll, this sounds pretty good.” My grandmother obliged when appropriate, and arched her eyebrow in protest when he suggested recipes that were simply unacceptable—“I don’t think so, Fred.”

But he cooked, too: “If you like to eat, then you like to cook.” Sometimes he made you feel as though you were entering a grand food adventure, even if it was only about the joys of a fried baloney sandwich. Sometimes he would push us toward true food adventures like venison or giblets, always pointing out that it is impossible to dislike a food one has never tasted. (I still refuse to try pigeon.) Whether he was in the kitchen perfecting chili or reading *Gourmet* or watching cooking programs on television, his legacy to us was his dogged persistence to truly savor what he ate.

I had not realized this legacy until my fraternity at our monthly meeting asked us to share something that reminds us of family. The hope was that in sharing what family meant from a piece of our families, we would better serve the families around us. Some shared tender times of family prayer, others robust examples of faith and some reassuring stories of humor. I had food.

My mother, taking over for my grandfather now, makes any type of roast—beef, lamb or chicken—an art. I love being in the kitchen with her, and I marvel at her multitasking skills—she can cook a roast, watch television and talk intelligently about world affairs simultaneously. She savors her food, especially with the foods reserved solely for the cook herself. Wine flows freely in our household, but it is enjoyed with reverence and restraint. Conversations flow equally freely in the kitchen, although I may be less than reverent and restrained. She, however, has a sensitive faith full of compassion and generosity that she tosses off in conversation with complete humility. Perhaps it is not too surprising then that we should have such thoughtful conversations while we cook together?

As I shared with my fraternity these special times with my mother, I expected that this would be utterly boring. On the contrary! Amelia began to talk excitedly about family food traditions in the Philippines.

Paul shared that his parents ensured that they would eat together every dinner. And I mused on how food weaves in and out of our lives impressing memories that will cut deep. Perhaps it is not always what we eat, necessarily, but sometimes with whom we share a meal or why we eat a particular food or even where we consume a meal. On the most basic level, humans eat, and therefore, we all relate to food.

... food weaves in and out  
of our lives impressing memories  
that will cut deep.

Perhaps because this is so basic, most of us do not pause to reflect on the force of food in our lives. Of course most us do not stop to even taste our food in our frenetic daily pace, and it is if, as M.F.K Fisher wrote, we are taste-blind.<sup>1</sup> This taste-blind mentality easily leaves little room for us to examine the deeper meanings of food. Moreover, as Catholics, do we even stop to realize the spirituality contained in food despite Christ’s gift of the Eucharist?

It was that question that inspired this piece. My mother, continuing my grandfather’s gourmet legacy, has helped me witness the sacredness of food over the years. Discussions of God permeate our conversations in the kitchen, whether we are cooking or consuming meals over a good glass of wine.

Indeed, most of my relationships center on connecting faith with food, even if quite unconsciously. Even if we all eat, eating with another person while sharing conversation is a form of intimacy. I have come to realize that such encounters with others over food reveal how God is with us. It is important then for us to take note of this reality. The more we pay attention to the food we eat, the more we will uncover something of ourselves; and then we will meet the God who is with us. Indeed distinguished food scholars Carole Counihan and Penny Van Esterik have remarked, “Food is life, and life can be studied and understood through food.”<sup>2</sup>

A whole field of anthropology is devoted to food. In fact, food plays such a prominent role in human culture that it was one of the first topics to be explored at the start of the study of anthropology. Food continues now to be explored through symbolic, materialist, ecological, and various other lenses.<sup>3</sup> Food is never merely food. It has to be gathered, prepared and then eaten.

Indeed, we can learn something about how we live and interact based on what, why, where, how, and with whom we eat. We can also glean much from what we do not eat and why. Food has the power to take on a meaning in our lives that reflects our perception of ourselves and of the outside world. CONTINUED ON PAGE 20

To get a sense of how food reveals perception, think about how insidious dieting is in the United States. People spend increasing amounts of time, energy, and money to lose weight. The Atkins diet, for instance, has become pervasive. Dr. Atkins began in the 1970's challenging conventional wisdom that to reduce weight one merely needed to expend more energy than one's caloric intake. Greg Critser's book *Fat Land* explains the alternative that Atkins offered people: "Instead of counting calories, and always thinking about what one couldn't have, a person who really wanted to lose weight had to find a way to do so pleasantly."<sup>4</sup> Atkins did this by encouraging people to eat all the fats and protein available, forbid carbohydrates, and thus "'trick' the body into burning its own fat stores."<sup>5</sup>

The Atkins diet and others exist simultaneously with the reality that Americans consume a greater amount of food per year than most countries. Yet, it is not merely fitness that drives the increasing need to diet—we want to fit into the current cultural trend of looking "Hollywood thin". But we also want instant results. Therein lies the rub. Food here reveals a world that has increasingly little time to prepare foods, let alone exercise, and then looks for quicker ways to subsist even at the cost of health. Food here reveals a negative perception.

If food has the power to shape how we see the world and ourselves, then it also has the power to shape how we perceive God. This is not a foreign concept. Many religions have used food as way to describe or express their faith. Judaism is a prime example with its kosher laws, *kashrut*. Where an outsider may see only restrictions and regulations, Jews see the opportunity for holiness inherent in kosher eating.

For Jews the goal of kosher eating is not health, which is what sociologists argue is the root of its development,<sup>6</sup> but rather holiness.<sup>7</sup>

The idea is that food itself is neither good nor bad, but instead has the capacity to be made holy by human beings in service to God. Hence, for Jews, to follow kosher is to eat in service to God by making sacred the ordinary.

The idea of kosher, that is, elevating ordinary food to the sacred, is not entirely foreign to Catholicism. The Eucharist is ordinary bread and wine transformed into the Body and Blood of Christ. The difference, however, is that while Jews eat kosher in service to God, Catholics believe that when we eat the Eucharist, Christ is offering his Body and Blood in service to us. The goal of holiness remains the same, but the emphasis of service changes.

We can take for granted that when we eat the Eucharist we become holy. But what about other food? Clearly as Catholics we will not eat kosher. We can, however, eat Franciscan. This concept of eating Franciscan has been unearthed for me in my formation as a Candidate. My formation has afforded me with the opportunity to investigate Franciscan thought for the purpose of living it. As I have learned, Secular Franciscans live in the world with the expectation that by drawing closer to the wounds of Christ, we will mirror Christ's love for the whole of creation, transforming it even in its most forgotten, broken and darkest places. And it is exactly that focus that forced me to penetrate more deeply how we can discover Christ even in the most basic food, quite outside the Eucharist. To be sure, the Eucharist is our source and summit. However, what I am suggesting is that the sacramental memory we have with the Eucharist can be recalled in the act of eating even ordinary food, and in so doing we will encounter a God bent low in love for us.

Before we unpack how we meet Christ this way in ordinary food, let me extrapolate what I mean by memory. *American Heritage Dictionary* defines memory as: "the mental faculty of retaining and recalling past experience". Certainly we all have memories, good and bad, that weave in and out of our lives. Some of these memories are more forceful than others and these come to our minds most easily. The vague memories affect us little and we may struggle to remember. But we all remember certain things. However, when I use memory here I mean more in a sacramental sense. If we remember the events in our own lives, then as the Church we also remember certain fundamental events in the life of Christ. We commemorate these events and have a ritual for these. For example, sacramentally, we remember the Last Supper in the Mass. The priest will say, "Do this in memory of Me", acting *in Persona Christi*. We are remembering the Last Supper to be sure, but there is a twist in relation to time. We are not merely recalling this past event, but we also re-live the event at Mass. This sacramental sense of memory is wrapped up within the concept of time, then, and it is worth elaborating just a bit on this distinction of time.

There are at least two ways to view time: quantitatively and qualitatively. We understand viewing time quantitatively, as we count the hours, minutes and seconds of our day. We charge ahead at breakneck speed lamenting that there are never enough hours in the day. Sometimes we bitterly complain about time passing slowly when we sit in a doctor's office and watch minute by minute until the wait is over. We are fantastic at counting time. But there is another way to view time: qualitatively. When we view something as an opportune moment, or as an untimely moment, like a sudden death, we describe time.

Viewing time this way is not dependent on the physical details of time, but rather is steeped in something descriptive. In fact, we often view this type of qualitative time as centering on specific events that have happened. It is in this latter, qualitative sense of time that draws us closer to see how God acts in the sacramental memory in the Mass.

When we recall the Last Supper, we recall it presently—there is no past or future, only a present that re-enacts that event before us. It is a sacramental "now".

But, the "now" happens when we recall that special memory of the Last Supper. We might call this qualitative "now" time "God time" because it is in this sense that God enters time through our sacramental memory in liturgy.

So, memory has the potential to create this “God time” in liturgy as we commemorate the life of Christ. But, memory also has the power to create this “God time” in our own lives. Memory here I maintain has the power to destroy our illusions, remind us of our true selves, and return us to Christ. Recalling any event may conjure the hour in which it occurred; but what truly captivates us is not the hour in which something occurred but what unfolds in its occurrence. Simply put, remembering makes present an event that occurred. And, when we remember, we have the ability to do so in such a way as to become in touch with who we really are in relation to what we remember. In other words, when we remember we confront a reality. Hence forgetting is a form of denial and disillusion, which remembering makes impossible. Memory can ground us in reality.

When we are stripped bare of our illusions and are grounded in reality, we confront the person we really are. We may, however, come into contact with competing versions of ourselves: the self we actually are and the self we create. Thomas Merton described this phenomenon as the difference between the true self and the false self. The false self according to Merton is as follows:

Every one of us is shadowed by an illusory person: a false self. This is the person that I want myself to be but who cannot exist, because God does not know anything about him... All sin starts from the assumption that my false self, the self that exists only in my own egocentric desires, is the fundamental reality of life to which everything else in the universe is ordered.<sup>8</sup>

Following Merton, the true self is the self grounded in the person God has created us to be. It is here where we meet not only the self rooted in Christ, but also Christ. We say sometimes without thinking that we are made in the image and likeness of God. The true self is the one that most reflects Christ. And actually we might say that because of the love God has in creating us, we are more than a reflection; we are part of God. We might therefore say that this is where we become most divine, sharing God’s divinity by becoming our true self rooted in Christ. This is the sacramental “now” in our life, when we meet Christ in our true self. And as we meet the Christ present inside of us, we will begin to see the Christ present in creation. It is here that I would like to recall some Franciscan thought on the Incarnation to help us unpack how Christ is present in all creation, even in food.

**TO BE CONCLUDED IN THE NEXT ISSUE OF THE TROUBADOUR**

<sup>1</sup>M.F.K Fisher, *The Art of Eating* (Wiley: 2004), 57.

<sup>2</sup>Carole Counihan and Penny Van Esterik, *Food and Culture: A Reader* (Routledge: 1997), 1..

<sup>3</sup>Counihan and Van Esterik, 1-2.

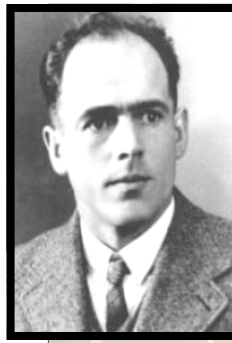
<sup>4</sup>Greg Critser, *Fat Land* (Houghton Mifflin Company: 2003), 50.

<sup>5</sup>Critser, 50.

<sup>6</sup>See Mary Douglas’s chapter on these principles. Counihan and Van Esterik, 44-53.

<sup>7</sup>Samuel H. Dresner, *The Jewish Dietary Laws* (The Burning Bush Press: 1966), 17.

<sup>8</sup>Thomas Merton, *New Seeds of Contemplation* (New Directions Books: 1961), 34-35.



**SECULAR FRANCISCAN,  
FRANZ JÄGERSTÄTTER BEATIFIED**

JOHN LAWS

Franz Jägerstätter wrote that he would gladly renounce the rights that came from belonging to the Third Reich in favor of deserving the rights granted by the kingdom of God.

A husband and father who lived in St. Radegund, Austria, (1907-1943) and voted against the annexation of Austria to Germany in 1938 after many citizens were arrested, tortured and killed.

At the time, he said, “I believe that what took place in the spring of 1938 was not much different from what happened that Holy Thursday 1900 years ago when the crowd was given a free choice between the innocent Savior and the criminal Barabbas.”

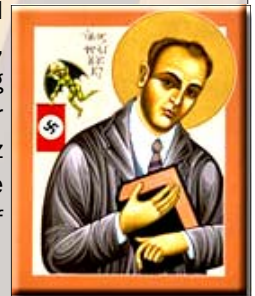
In 1943, Jägerstätter, a Secular Franciscan, refused to join the army, and was thrown into prison after claiming conscientious objection. While in prison, he kept a journal, writing: “I can easily see that anyone who refuses to acknowledge the Nazi Folk Community and is also unwilling to comply with all the demands of its leaders will thereby forfeit the rights and privileges offered by that nation.”

“But it is not much different with God: He who does not obey all the commandments set forth by him and his Church and who is not ready to undergo sacrifices and to fight for his kingdom either – such one loses every claim and every right under that kingdom”.

“Now any one who is able to fight for both kingdoms and stay in good standing in both communities and who is able to obey every command of the Third Reich – such a man, in my opinion, would be a great magician. I, for one, cannot do so. And I definitely prefer to relinquish my rights under the Third Reich and thus make sure of deserving the rights granted under the kingdom of God.”

On August 9, 1943, Jägerstätter was taken to Brandenburg where he was beheaded on the guillotine. His Beatification took place October 26, 2007 in Linz, Austria.

**EDITORS NOTE:** More than 5,000 people gathered in Linz Cathedral on Friday, to celebrate the Beatification. At a moving service, attended by his widow Franziska, 94 years old; and his four daughters, Hildegard, Maria, Aloisia and Rosalia. During the service Franziska Jägerstätter carried a relic of her husband Franz and presented it to Cardinal Jose Saraiva Martins, representative of Pope Benedict XVI.



## SPRING 2008 EDITION OF TAU-USA AVAILABLE ONLINE

All professed SFO members currently receive TAU-USA, the SFO National newsletter, by mail four times a year. You can now read the entire edition at:

<http://www.nafra-sfo.org/tau-usa.html>



Ministers and Formation Directors, please make your Inquirers and Candidates in formation aware of this publication so that they can become acquainted with the activities of our National fraternity and gain valuable insight about our way of life.

ALL OF US WILL FIND THINGS OF INTEREST IN IT.

## CENTRAL NEW JERSEY CLUSTER

SFO Central New Jersey Cluster has launched their new website. The Cluster is comprised of 15 Active Fraternities

Coordinators: Dolores Jules, SFO and Anna Zielski, SFO  
Webmaster: Elyse Rinehart

<http://www.freewebs.com/cnjcluster/index.htm>



## TOUR THE VATICAN MUSEUMS ONLINE

This website allows visitors to view some of the museum's exhibits online and to make "virtual visits" to some of its rooms, including the Sistine Chapel.

Users can zoom in to see details of the paintings and artworks. A brief overview of the museum's history says that the complex originated as a group of sculptures collected by Pope Julius II in the 16<sup>TH</sup> century.

[mv.vatican.va/StartNew\\_EN.html](http://mv.vatican.va/StartNew_EN.html)



## Tau

Franciscans living in the world wear this reminder of their commitment to a Gospel life. If you are married or single and you feel the call from God to embrace a Franciscan lifestyle, call us today to learn more.

- Live in the world.
- Work in the world.
- Celebrate your family life in the world.

*Become a Secular Franciscan where you'll find fraternity and support while living in the world.*

God is waiting for your call.  
[vocations@nafra-sfo.org](mailto:vocations@nafra-sfo.org)

**1-800-FRANCIS**  
[www.nafra-sfo.org](http://www.nafra-sfo.org)

## ATTENTION SFO'S:

You can download this ad and circulate it in your parishes, retreat houses, or other places where Catholics gather.

An informative 39-page **SFO-PR GUIDE MANUAL** for all SFO local, regional and national levels is available at the NAFRA website:

[http://www.nafra-sfo.org/pressroom/nafra\\_pr\\_manual-1-1.pdf](http://www.nafra-sfo.org/pressroom/nafra_pr_manual-1-1.pdf)



## OFFICE OF FAMILY LIFE/RESPECT LIFE

On September 21, 2007, the Office of Family Life/Respect Life proudly launched their new website:

[www.respectlifetoday.com](http://www.respectlifetoday.com)



The website is a sign of their commitment to educating people and getting them excited about the opportunity for respect life stated Fr. Ian Trammell, Trenton Diocesan Coordinator of Respect Life Ministries.

The website's goal is to appeal to younger people, but also be accessible to everyone. It is very user-friendly, colorful with lots of pictures and access to videos of important diocesan respect life events. It is hoped that people will find it entertaining as well as educational—a tool that will help them build on their faith.

"This new website will help our diocese build a culture of life and spread the Gospel message that all life is sacred and holy," said Fr. Ian, "so check it out and be sure to add it to your list of favorites."

*The Christophers'* announced that the organization is accepting submissions in its **21<sup>ST</sup> ANNUAL VIDEO CONTEST FOR COLLEGE STUDENTS**. The theme is "One Person Can Make A Difference." More than \$6000 in prizes will be awarded. The contest is open to undergraduate and graduate students. Deadline for entries is **June 6, 2008**.

Entry forms are available by writing to: College Video Contest, The Christophers', 5 Hanover Square, New York, NY 10004; or online at: [www.christophers.org](http://www.christophers.org)



## VICARIATE OF ROME ACCEPTING REQUESTS

Those interested in receiving a relic "*ex-indumentis*" – from the clothing – or a holy card of Pope John Paul II, may do so by writing to the Vicariate of Rome. The Vicariate of Rome is accepting requests via mail or their website for the religious items. The request should be sent to "Holy Cards and Relics Service," and should include a shipping address.

The holy cards contain the prayer to obtain graces through the intercession of the Servant of God John Paul II and can be requested in English, German, Spanish, French, Italian, Polish and Portuguese.

Though the Vicariate is not charging for the holy card, donations are accepted to cover the printing and mailing expenses. Send requests to:

Vicariate of Rome – 3rd Floor – "Totus Tuus"  
Piazza San Giovanni in Laterano, 6/A  
Rome, Italy 00184

For more information, visit the Vicariate's multilingual website:

<http://www.vicariatusurbis.org/Beatificazione/English/INITIATIVES/>

[ToRequestAHolyCardWithTheExIndumentis.htm](http://www.vicariatusurbis.org/Beatificazione/English/ToRequestAHolyCardWithTheExIndumentis.htm)



## SUMMER SEMINAR ON

### DEVELOPING SERVANT LEADERSHIP

A Summer Seminar on Developing Servant Leadership will be held Thursday evening, June 26 through Sunday, Noon, June 29, 2008, at Saint Francis University, Loretto, PA.

The National Executive Council of *NAFRA* strongly encourages Secular Franciscans from around the country to hear Fr. Bernie Tickerhoof, TOR, and Anne Mulqueen, SFO, discuss "*Development of Lay Leadership in the Secular Franciscan Order*", one of the most recognized concerns at all levels of the Order.

The seminar begins with dinner on THURSDAY at 5:00PM, followed by Evening Prayer, Conference Session #1, and a Social.

Both FRIDAY and SATURDAY will feature 3 conference sessions each, along with Mass, Prayer Services, and Socials. Both days begin with breakfast at 8:00AM, prayer at 9:15AM, and the day's First Session at 9:45AM.

Friday's last Conference begins at 7:30AM, and is followed with a Social.

Saturday follows a similar pattern with the day's last Conference at 7:00PM, followed by Mass at 9:00PM and a Social.

SUNDAY morning will feature the last of the weekend's 8 Conference Sessions, followed with a Wrap Up Session and ending with lunch at Noon.

TOPICS PRESENTED ARE: Discernment of Gifts; Basic Choices; Servant Leadership; Listening (Compassion & Empathy); Leadership Styles; Decision Making; Crisis & Conflict; and Leadership Development & Training.


The total cost for the weekend is \$210.<sup>00</sup> single, and \$170.<sup>00</sup> double, which includes room, meals, campus shuttle, and registration fee. For those who would prefer to commute and pay for meals as needed, the cost will be \$65.<sup>00</sup> for Thursday through Sunday or \$35.<sup>00</sup> per day. Commuter registration forms for single day(s) and entire weekend will be available in April.

This seminar is for **ALL SFO's**, not only those currently in leadership roles at the various levels of the Order, or those considering assuming these positions in the future. Each one of us is a leader in some aspect of our life, in our fraternities, in our parishes, and in our daily lives. So everyone one will benefit from attending this seminar.

And to top it all off, it is another opportunity to be with our Franciscan brothers and sisters from different parts of the country again without the 5 year wait between Q's!

Questions about the seminar, please contact Fr. Kevin Queally, TOR, 814-472-3367(daytime)

or e-mail: [kqueally@francis.edu](mailto:kqueally@francis.edu) 

If you would like a registration form, please contact Cecilia Maljan, SFO at: [cylmaljan@earthlink.net](mailto:cylmaljan@earthlink.net) 

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## FLIC GATHERING 2008

For years, Secular Franciscans from New England, New Jersey, and New York gathered once a year for several days of fraternity. These gatherings were known as S.E.L.F.

(Secular Experience of Living Franciscanism).


After a few years' hiatus, SELF is back, but with a new name—F.L.I.C., which stands for Franciscans Living In Community. The first FLIC gathering will be held August 11–15, 2008, at Mount St. Alphonsus Retreat Center in Esopus, NY. The gathering theme is "The Call and the Community".

FLIC is not a retreat. It is a gathering of Secular Franciscans which entails some prayer, some formation, and lots of socializing. FLIC is "family" coming together. Coming together to rest, recreate, review, and renew the Spirit that first called us forth.

Cost is \$300.<sup>00</sup> which includes room and meals—Monday afternoon through Friday lunch. Days will include daily Mass, morning and evening prayer, special time with our Lord, conferences, meal times, rest times, quiet times, and get-togethers that will be loads of fun.

For brochure/reservation form, or additional information:

Contact Bob Campbell, SFO, at 516.599.4256

or e-mail: [ArcyC@aol.com](mailto:ArcyC@aol.com) 

Sponsored by:

Tau Cross Region, Our Lady of the Angels Region, and Father Solanus Casey Region.

## INTERNATIONAL SFO CHAPTER IN HUNGARY

The Twelfth General Chapter and Fifth Elective Chapter of the Secular Franciscan Order will take place November 15–22, 2008, and will be celebrated in Hungary.

For additional information go to:

<http://www.ciofs.org/en.htm> 

**THE THEME OF THE CHAPTER WILL BE:**

"The Profession of Secular Franciscans and their sense of Belonging."

## PRAYER FOR THE 12TH GENERAL CHAPTER OF THE SECULAR FRANCISCAN ORDER

Most High Glorious God, we praise You for Your presence in the world and for the tremendous gift of our Franciscan vocation.

We beseech You to inspire every brother and sister of the Secular Franciscan Order as we prepare for the upcoming General Chapter in Hungary.

Grant the necessary wisdom to our brothers and sisters who will take part in the Chapter to develop the priorities for the Order for the next six years and to elect those You want to lead and animate us.

Guide and direct us so that we may follow the Gospel and our Rule more closely and be coworkers with You in the rebuilding of the Church and the World.

We ask this through Christ our Lord and through the intercession of the Blessed Virgin Mary, St. Francis, St. Clare, and our holy patrons St. Elizabeth and St. Louis. Amen.

# THE TROUBADOUR



OUR LADY OF THE ANGELS REGION  
COMMUNICATIONS TEAM

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[www.ourladyoftheangelsregion.org](http://www.ourladyoftheangelsregion.org)

**REGION WEBSITE ADMINISTRATOR**

Diane F. Menditto, SFO

**REGIONAL YAHOO GROUP**

[http://groups.yahoo.com/group/  
OLARegion](http://groups.yahoo.com/group/OLARegion)

**REGION LIST ADMINISTRATOR**

Peggy Ledger, SFO

**REGION DATABASE ADMINISTRATOR**

John C. Ras, SFO

## OUR LADY OF THE ANGELS 2006-2008

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**REGION VICE-MINISTER:**

**Diane F. Menditto, SFO**

**REGION SECRETARY:**

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**REGION FORMATION DIRECTOR:**

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North Jersey

**Richard Spana, SFO**

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## CALL FOR ARTICLES

2008—09

YEARLY SCHEDULE  
FOR FUTURE ISSUES OF  
*THE TROUBADOUR*

Articles for future newsletters  
must be received by:

JUNE 15	SUMMER 2008
SEPTEMBER 15	FALL 2008
DECEMBER 15	WINTER 2008
MARCH 15	SPRING 2009

### SEND ALL SUBMISSIONS:

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### GENERAL INFORMATION

• *The Troubadour* is published quarterly by *Our Lady of the Angels Region* of the Secular Franciscan Order. If you wish to receive this newsletter, please send your name and complete address to: Region Database Administrator, John Ras, SFO, 50 West 97<sup>th</sup> Street, Apt. 3-P, New York, NY 10025-6005. Don't forget to notify John when you've had a change in address, phone, or membership status.

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- When submitting articles, don't forget to state fraternity name and location, as well as your own name and address.
- All photos, disks and original art will be returned upon publication completion.

—APG, Editor

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OUR LADY OF THE ANGELS REGIONAL NEWSLETTER  
SECULAR FRANCISCAN ORDER  
50 WEST 97<sup>TH</sup> STREET—APT. 3-P  
NEW YORK, NY 10025-6005



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