



Our Lady of the Angels Regional Fraternity

**SFO INITIAL FORMATION RETREAT
(Inquirers & Candidates)**

***** Theme: Conversion *****

September 11- 13, 2009

Presenters:

- Rev. Richard Trezza, O.F.M., Regional Spiritual Assistant
- Ronald L. Pihokker, SFO, Regional Minister
- Virginia Chin, SFO, Regional Formation Director

Location:

- Saint Lawrence Friary
- 180 Sargent Avenue, Beacon, NY 12508-3923
- 1-845-831-0394

Candidate Weekend Cost Per Person: \$150.00

- Six meals (Friday dinner to Sunday Lunch)
- Individual room with bathroom
- Fully air conditioned, elevator and handicap accessible

Formation Directors/Team:

- Please join us on Sunday, September 13, for Mass at 11:00 AM and lunch. Lunch reservations are required. There will be a charge for the lunch.

SFO INITIAL FORMATION RETREAT – SEPTEMBER 11-13, 2009

REGISTRATION FORM

Registration Form & Check:

Please make check out to Our Lady of the Angels Regional Fraternity for \$150.⁰⁰ per person along with this completed registration form.

Contact: Please send registration form & check by August 15, 2009 to: Virginia Chin, SFO, 154-67 24th Road, Whitestone, NY 11357 (cell) 718-754-6689 (email) Virginia.chin@morganstanley.com

CANDIDATE INFORMATION

CURRENT FORMATION PHASE:

Inquiry (Yes/No): _____ **Candidacy (Yes/No):** _____

Name: _____

Home Address: _____

Phone #: *(If available, cell phone preferred)* _____

Email Address: _____

EMERGENCY CONTACT:

Name: _____ **Relationship:** _____

Phone#: _____ **Cell#:** _____

Special Medical or Dietary Requirements: _____

FORMATION DIRECTOR & TEAM INFORMATION

(SEPTEMBER 13, 2009, SUNDAY LUNCH ONLY)

Name: _____

Fraternity Name/Location: _____

Total # of People: _____

St. Lawrence Friary Directions















Mass Transit

- Metro North – Beacon Station
- Taxi available to take you to the center about one mile.




















Driving Direction Samples:

1) From Hackensack, NJ

Total Time: 1 hour 11 minutes Total Distance: 56.99 miles

- | | | |
|---|---|---------|
|  | 1: Start out going SOUTH on OVERLOOK AVE toward BEECH ST. | 0.1 mi |
|  | 2: Turn RIGHT onto BEECH ST. | 0.2 mi |
|  | 3: Turn LEFT onto SUMMIT AVE/CR-57. | 0.6 mi |
|  | 4: Merge onto NJ-17 N. | 17.5 mi |
|  | 5: NJ-17 N becomes I-287 N/NJ-17 N (Crossing into NEW YORK). | 0.5 mi |
|  | 6: Merge onto I-87 N/NEW YORK STATE THRUWAY N via the exit on the LEFT toward RT-17 N/ALBANY (Portions toll). | 30.0 mi |
|  | 7: Take the RT-300 N exit, EXIT 17, toward I-84. | 0.8 mi |
|  | 8: Merge onto NY-300. | 0.3 mi |
|  | 9: Merge onto I-84 E toward BEACON (Portions toll). | 4.8 mi |
|  | 10: Take the RT-9D exit, EXIT 11, toward BEACON/WAPPINGER FALLS. | 0.2 mi |
|  | 11: Turn RIGHT onto NY-9D/NY-52 BR. Continue to follow NY-9D. | 1.4 mi |
|  | 12: Turn RIGHT onto SOUTH AVE. | 0.6 mi |
|  | 13: Turn LEFT onto SARGENT AVE. | 0.1 mi |
|  | 14: End at 180 Sargent Ave., Beacon, NY 12508-3923 | |

2) From New York City: Total Time: 1 hour 24 mins. Total Distance: 66.92 miles
West 96th St & Amsterdam Ave, New York, NY 10025

-  1: Start out going **NORTHWEST** on **W 96TH ST** toward **BROADWAY**. 0.3 mi
-  2: Take the **H HUDSON PKWY/RT-9A** ramp. 0.1 mi
-  3: Merge onto **NY-9A N/HENRY HUDSON PKWY**. 3.5 mi
-  4: Take the **I-95/CROSS BRONX EXPWY** exit, **EXIT 14**, toward **GEO WASHINGTON BR/W 178 ST**. 0.4 mi
-  5: Merge onto **I-95 S** via the exit on the **LEFT** toward **G W BRIDGE/NEW JERSEY/UPPER LEVEL** (Crossing into **NEW JERSEY**). 2.2 mi
-  6: Keep **RIGHT** to take **I-95 S/NEW JERSEY TURNPIKE S** toward **I-80/GARDEN STATE PARKWAY SOUTH/RT-4/HACKENSACK**. 0.2 mi
-  7: Merge onto **NJ-4 W** via **EXIT 72A** toward **PARAMUS**. 6.9 mi
-  8: Keep **RIGHT** at the fork to continue on **NJ-4 W**. 0.1 mi
-  9: Merge onto **NJ-17 N** toward **GARDEN STATE PKY N/MAHWAH**. 14.6 mi
-  10: **NJ-17 N** becomes **I-287 N/NJ-17 N** (Crossing into **NEW YORK**). 0.5 mi
-  11: Merge onto **I-87 N/NEW YORK STATE THRUWAY N** via the exit on the **LEFT** toward **RT-17 N/ALBANY** (Portions toll). 30.0 mi
-  12: Take the **RT-300 N** exit, **EXIT 17**, toward **I-84**. 0.8 mi
-  13: Merge onto **NY-300**. 0.3 mi
-  14: Merge onto **I-84 E** toward **BEACON** (Portions toll). 4.8 mi
-  15: Take the **RT-9D** exit, **EXIT 11**, toward **BEACON/WAPPINGER FALLS**. 0.2 mi
-  16: Turn **RIGHT** onto **NY-9D/NY-52 BR**. Continue to follow **NY-9D**. 1.4 mi
-  17: Turn **RIGHT** onto **SOUTH AVE**. 0.6 mi
-  18: Turn **LEFT** onto **SARGENT AVE**. 0.1 mi
-  19: End at **180 Sargent Ave Beacon, NY 12508-3923**